

# Patuck–Gala College of Commerce & Management

## REPORT ON EXTENSION ACTIVITIES FOR STUDENT SENSITIZATION TOWARDS HOLISTIC DEVELOPMENT

Academic Year: 2019-20

Name of the Department: DLLE

Name of the Activity/ Event: Survey on Status of Women in Society			
Date	Faculty In-charge	Other Faculty Members	Name of the Company
December 2019 – February 2020	Renita Vazirani	Dr. Pallav Das Krupa Shah	N. A.
Time	Venue	Class	Number of Participants
Post lecture hours	Off campus	B. Com. (FY/SY/TY) T.Y.BMS S. Y. B. Com. (B&I)	19 students

### About the Activity/ Event

<b>Objectives of Conducting the Activity/ Event</b>	<ul style="list-style-type: none"><li>● To enable students to understand gender equity.</li><li>● Enable students understand and have mutual respect for the women in their homes</li></ul>
<b>Conduct of the Activity/ Event</b>	<ul style="list-style-type: none"><li>● In this project students meet women between the age groups of 18 – 50 years and interview them by way of a questionnaire in order to find their position in the house compared to the male members of the family. As in, do the females have enough freedom to make their own decisions in life.</li><li>● Tabulate and analyse the data</li><li>● Prepare a research report which has recommendations which could possibly improve the situation.</li></ul>
<b>Outcomes of the Activity/ Event</b>	<ul style="list-style-type: none"><li>● Students understand the ground realities of the women in the Indian homes</li><li>● Makes them value their family and try and improve the situation if needed in their own homes</li></ul>



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## REPORT ON EXTENSION ACTIVITIES FOR STUDENT SENSITIZATION TOWARDS HOLISTIC DEVELOPMENT

Academic Year: 2017-18

Name of the Department: DLLE

Name of the Activity/ Event: Survey on Status of Women in Society			
Date	Faculty In-charge	Other Faculty Members	Name of the Company
December 2017 – January 2018	Renita Vazirani	Dr. Pallav Das Krupa Shah	N. A.
Time	Venue	Class	Number of Participants
Post lecture hours	Off campus	T. Y. B. Com. T.Y.BMS F.Y.BMS	27 students

### About the Activity/ Event

<b>Objectives of Conducting the Activity/ Event</b>	<ul style="list-style-type: none"><li>● To sensitize students about gender equity and the need to respect and uphold the contribution of women in society.</li><li>● Enable students understand and have mutual understanding for the women in their lives</li></ul>
<b>Conduct of the Activity/ Event</b>	<ul style="list-style-type: none"><li>● In this project students meet women between the age groups of 18 – 50 years and interview them by way of a questionnaire in order to find their position in the house compared to the male members of the family. As in, do the females have enough freedom to take their own decisions in life.</li><li>● Tabulate and analyse the data</li><li>● Prepare a research report which has recommendations which could possibly improve the situation.</li></ul>
<b>Outcomes of the Activity/ Event</b>	<ul style="list-style-type: none"><li>● Students learn MS Excel</li><li>● Students learn how to analyse and interpret data</li><li>● Students understand the ground realities of the women in the Indian homes</li><li>● Makes them value their family and try and improve the situation if needed in their own homes</li></ul>



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## REPORT ON EXTENSION ACTIVITIES FOR STUDENT SENSITIZATION TOWARDS HOLISTIC DEVELOPMENT

Academic Year: 2016-17

Name of the Department: DLLE

<b>Name of the Activity/ Event:</b> Career Project: Survey on the Status of Women in Society (SWS) programs			
<b>Date</b>	<b>Faculty In-charge</b>	<b>Other Faculty Members</b>	<b>Name of the Company</b>
December 2016 – January 2017	Renita Vazirani	Dr. Pallav Das Krupa Shah	N.A.
<b>Time</b>	<b>Venue</b>	<b>Class</b>	<b>Number of Participants</b>
Post lecture hours	Off campus	T. Y. B. Com. (A& B) T. Y. BMS S.Y. BMS T. Y. B. Com. (B&I)	66 students

### About the Activity/ Event

<b>Objectives of Conducting the Activity/ Event</b>	<ul style="list-style-type: none"> <li>● Find real motivations, interests, and talents for Education and work they are interested in.</li> <li>● Identify and find details about their ideal careers before they choose it.</li> <li>● Choose a career and life plan that best suits their needs.</li> </ul>
<b>Conduct of the Activity/ Event</b>	<ul style="list-style-type: none"> <li>● Scan for various options of careers</li> <li>● Select one of it</li> <li>● Make charts of the same</li> <li>● Make a brochure / pamphlet</li> <li>● Visit the institutions providing training related to the career selected</li> <li>● Interview two professionals in the career field chosen</li> </ul>
<b>Outcomes of the Activity/ Event</b>	<ul style="list-style-type: none"> <li>● Discover their strengths, styles for communications, earning and leadership.</li> <li>● Learn the interview technique, method of collecting information, how to prepare materials for the dissemination of information, etc.</li> <li>● Know about the job market of the career being explored</li> </ul>



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## REPORT ON EXTENSION ACTIVITIES FOR STUDENT SENSITIZATION TOWARDS HOLISTIC DEVELOPMENT

Academic Year:2016-17

Name of the Cell: Women Development Cell and Counselling & Guidance Cell

<b>Name of the Activity:</b> Elocution Competition on Eve Teasing: A Social Issue			
<b>Date</b>	<b>Faculty In-charge</b>	<b>Other Faculty Members</b>	<b>External Resource Person</b>
09.01.2017	Mrs. Nethra Thakre Mrs. Sunita Bhuiya	Ms.Monisha D'costa Ms. Sana Ansari Mr. Raj Thanga	NA
<b>Time</b>	<b>Venue</b>	<b>Activity for Class</b>	<b>Number of Participants</b>
10:30 am- 11.30 pm	Conference Room	Students from all the classes of B.Com., BMS & BBI Programs	8 students

### About the Activity

<b>Topic / Subject of the Activity</b>	Elocution Competition on Eve Teasing: A Social Issue
<b>Objectives of Conducting the Activity</b>	<ul style="list-style-type: none"><li>To help students to understand the point of views on the social issue of eve -teasing</li><li>To enable students to voice the social issue with others</li></ul>
<b>Methodology</b>	<ul style="list-style-type: none"><li>Notice was circulated about student's participation</li><li>Interested students registered their name for the competition</li><li>Judges were nominated for the competition</li></ul>
<b>Outcomes of Conducting the Activity</b>	<ul style="list-style-type: none"><li>Becoming gender conscious, students shared their views and opinions and were equally sensitized with the views and opinions of others</li><li>Judges announced their decision to the winners and the winners were awarded with certificates</li></ul>



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## REPORT ON EXTENSION ACTIVITIES FOR STUDENT SENSITIZATION TOWARDS HOLISTIC DEVELOPMENT

**Academic Year:** 2017-18

**Name of the Committee:** Women Development Cell and Counselling & Guidance Cell

<b>Name of the Activity:</b> Elocution Competition on Eve Teasing: A Social Issue			
<b>Date</b>	<b>Faculty In-charge</b>	<b>Other Faculty Members</b>	<b>External Resource Person</b>
08.09.2018	Mrs. Netra Thakre Mrs. Sunita Bhuiya	Ms. Monisha D'costa Ms. Sana Ansari Mr. Raj Thanga	NA
<b>Time</b>	<b>Venue</b>	<b>Activity for Class</b>	<b>Number of Participants</b>
10:30 am- 12.00 pm	C - 402	Students from all the classes of B.Com., BMS & BBI Programs	12 students

### About the Activity

<b>Topic / Subject of the Activity</b>	Elocution Competition on Eve Teasing: A Social Issue
<b>Objective of Conducting the Activity</b>	<ul style="list-style-type: none"><li>To help understand students' point of view on the social issue of eve teasing</li><li>To enable students to voice the social issue with others</li></ul>
<b>Methodology</b>	<ul style="list-style-type: none"><li>Notice was circulated about student's participation</li><li>Interested students registered their name for the competition</li><li>Judges were nominated for the competition</li></ul>
<b>Outcomes of Conducting the Activity</b>	<ul style="list-style-type: none"><li>Becoming gender conscious, students shared their views and opinions and were equally sensitized with the views and opinions of others</li><li>Judges announced their decision to the winners and the winners were awarded with certificates</li></ul>



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**Academic Year:** 2018-19

**Name of the Cell:** Women Development Cell

<b>Name of the Activity:</b> Seminar on Sexual Harassment at Workplace			
<b>Date</b>	<b>Faculty In-charge</b>	<b>Other Faculty Members</b>	<b>External Resource Person</b>
12.09.2018	Mrs. Nethra Thakre	Ms.Monisha D'costa Ms. Sana Ansari Mr. Raj Thanga	Seema Deshpande from Bharatiya Stree Sanghatna
<b>Time</b>	<b>Venue</b>	<b>Activity for Class</b>	<b>Number of Participants</b>
10.30 am-12.30 pm	Conference room	Students from all the classes of B.Com., BMS & BBI Programs	84 students

### About the Activity

<b>Topic / Subject of the Activity</b>	Sexual Harassment at Workplace
<b>Objective of Conducting the Activity</b>	<ul style="list-style-type: none"><li>To make students understand how to take action in case they are victims of sexual harassment at workplace</li><li>To help students understand what constitutes sexual harassment</li></ul>
<b>Methodology</b>	<ul style="list-style-type: none"><li>Notice was circulated in the class for student's participation</li><li>Interested students attended the session</li><li>Resource person was invited</li><li>The session was informative and interactive</li></ul>
<b>Outcomes of Conducting the Activity</b>	<ul style="list-style-type: none"><li>The students acquired knowledge of the Act of Sexual Harassment at Workplace</li><li>The students were confident about dealing with the cases if that had to face any</li></ul>



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**Academic Year:** 2018-19

**Name of the Cell:** Women Development Cell and Counselling & Guidance Cell

<b>Name of the Activity:</b> Elocution Competition on Eve-teasing: A Social Issue			
<b>Date</b>	<b>Faculty In-charge</b>	<b>Other Faculty Members</b>	<b>External Resource Person</b>
22.12.2018	Mrs. Nethra Thakre Mrs. Sunita Bhuiya	Ms.Monisha D'costa Ms. Sana Ansari Mr. Raj Thanga	NA
<b>Time</b>	<b>Venue</b>	<b>Activity for Class</b>	<b>Number of Participants</b>
10:30 am- 12.30 pm	C 505	Students from all the classes of B.Com., BMS & BBI Programs	9 students

### About the Activity

<b>Topic / Subject of the Activity</b>	Elocution Competition on Eve Teasing: A Social Issue
<b>Objective of Conducting the Activity</b>	<ul style="list-style-type: none"><li>To help understand students' point of view on the social issue of eve teasing</li><li>To enable students to voice the social issue with others</li></ul>
<b>Methodology</b>	<ul style="list-style-type: none"><li>Notice was circulated about student's participation</li><li>Interested students registered their name for the competition</li><li>Judges were nominated for the competition</li></ul>
<b>Outcomes of Conducting the Activity</b>	<ul style="list-style-type: none"><li>Becoming gender conscious, students shared their views and opinions and were equally sensitized with the views and opinions of others</li><li>Judges announced their decision to the winners and the winners were awarded with certificates</li></ul>



  
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Academic Year: 2018-19

Name of the Cell: Women Development Cell

Name of the Activity: Seminar on Menstrual Hygiene			
Date	Faculty In-charge	Other Faculty Members	External Resource Person
18.01.2019	Mrs. Netra Thakre	Ms.Monisha D'costa Ms. Sana Ansari Mr. Raj Thanga	Asian Paints and Stri Mukti Sanghatna.
Time	Venue	Activity for Class	Number of Participants
11:00 am-2.00 pm	Auditorium	Female students	26 students

### About the Activity

<b>Topic / Subject of the Activity</b>	Health check of Female Students
<b>Objectives of Conducting the Activity</b>	<ul style="list-style-type: none"><li>To create awareness about female health related problems.</li><li>To highlight menstrual hygiene for female students</li></ul>
<b>Methodology</b>	<ul style="list-style-type: none"><li>Interested students attended the seminar</li><li>Resource persons imparted knowledge through verbal presentation</li><li>They encouraged students interaction to enable them address their issues</li></ul>
<b>Outcomes of Conducting the Activity</b>	<ul style="list-style-type: none"><li>The female students learn about menstrual hygiene.</li><li>They also got insights about health-related problems after marriage and what precautions need to be taken to address those problems.</li></ul>



  
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**Academic Year:** 2019-20

**Name of the Cell:** Women Development Cell

<b>Name of the Activity:</b> Workshop on Gender Sensitization			
<b>Date</b>	<b>Faculty In-charge</b>	<b>Other Faculty Members</b>	<b>External Resource Person</b>
30.11.2019	Mrs. Netra Thakre	Ms.Monisha D'costa Mrs. Chandan Mishra Mr. Raj Thanga	Ms. Ranjana Karoor (NGO-BSS)
<b>Time</b>	<b>Venue</b>	<b>Activity for Class</b>	<b>Number of Participants</b>
9.30 to 1100 am-10.30 am	Auditorium	All students	70 students

### About the Activity

<b>Topic / Subject of the Activity</b>	Gender Sensitization\
<b>Objective of Conducting the Activity</b>	To create gender sensitization
<b>Methodology</b>	<ul style="list-style-type: none"><li>• Notice was circulated about the workshop</li><li>• Resource person was invited</li><li>• The workshop was conducted by way of PowerPoint presentation, interaction, and group discussion</li></ul>
<b>Outcomes of Conducting the Activity</b>	<ul style="list-style-type: none"><li>• The students got insight about gender equity.</li><li>• They were informed about cases of gender discrimination and how to resolve the issue</li><li>• They were encouraged about gender promotion in society</li></ul>



  
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## REPORT ON EXTENSION ACTIVITIES FOR STUDENT SENSITIZATION TOWARDS HOLISTIC DEVELOPMENT

Academic Year: 2019-20

Name of the Cell: Women Development Cell

Name of the Activity: Workshop on Self-Defence for Female Students			
Date	Faculty In-charge	Other Faculty Members	External Resource
23.08.2019	Mrs. Netra Thakre	Ms.Monisha D'costa Mrs. Chandan Mishra Mr. Raj Thanga	Ms. Darshana Lakhani
Time	Venue	Activity for Class	Number of Participants
8:00 am-10.30 am	Auditorium	All female students	125 students

### About the Activity

<b>Topic / Subject of the Activity</b>	Self-defence Workshop for Female Students
<b>Objectives of Conducting the Activity</b>	<ul style="list-style-type: none"><li>To sensitize female students about importance of self-defence</li><li>To equip female students with self-defence skills</li></ul>
<b>Methodology</b>	<ul style="list-style-type: none"><li>Notice was circulated about the workshop</li><li>Interested students attended the workshop</li><li>Resource person was invited</li><li>Orientation was given on self-defence</li><li>Demonstration of certain stance was practiced for self-defence</li></ul>
<b>Outcomes of Conducting the Activity</b>	The female students who attended the session, went home with more knowledge of self-defence and therefore were more confidence too.



  
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**Academic Year:** 2018-19

**Name of the Cell:** Women Development Cell

<b>Name of the Activity:</b> Workshop on Self-Defence for Female Students			
<b>Date</b>	<b>Faculty In-charge</b>	<b>Other Faculty Members</b>	<b>External Resource Person</b>
19.10.2018	Mrs. Nethra Thakre	Ms. Monisha D'costa Ms. Sana Ansari Mr. Raj Thanga	Ms. Darshana Lakhani
<b>Time</b>	<b>Venue</b>	<b>Activity for Class</b>	<b>Number of Participants</b>
8:00 am-10.30 am	Auditorium	All female students of F.Y.B.Com.	104 girl students

### About the Activity

<b>Topic / Subject of the Activity</b>	Self-defence Workshop for Female Students
<b>Objectives of Conducting the Activity</b>	<ul style="list-style-type: none"><li>To sensitize female students about importance of self-defence</li><li>To equip female students with self-defence skills</li></ul>
<b>Methodology</b>	<ul style="list-style-type: none"><li>Notice was circulated about the workshop</li><li>Interested students attended the workshop</li><li>Resource person was invited</li><li>Orientation was given on self-defence</li><li>Demonstration of certain stance was practiced for self-defence</li></ul>
<b>Outcomes of Conducting the Activity</b>	The female students who attended the session, went home with more knowledge of self-defence and therefore were more confident too.



  
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