

Patuck - Gala College of Commerce & Management



HUMAN RIGHTS

Human Rights are a set of rights which every human is entitled to. Every human being is inherited with these rights' no matter what caste, creed, gender, the economic status they belong to Human Rights are very important for making sure that all humans get treated equally. They are in fact. essential for a good standard" J of living in the world.

Morever, human rights safeguard the interests of the citizens of a Country. You are liable to have human rights if you're a human being. They will you a good life full of help in giving happiness and prosperity

Human Rights are essentially divided into two categories of civil and political rights, and social rights. This classification is important because it clears the concept of human rights further. Plus, they also make humans realize their role in different Spheres. When we talk about civil and political rights, we refer to the classic rights of humans. These rights are responsible for limiting the government's authority that may affect any individual's independence future more, these rights allow human to contribute to the involvement of the government. In addition to the determination of laws as well.

Next up, the social rights of people guide the government to plan various encourage ways which will help in improving the life quality of citizens. All the governments" of countries are responsible for ensuring the well-being of their citizens. Human rights help Countries in doing so efficiently.

Human Rights are extremely important for the overall development of a country and individuals on a personal level. If we take a look at a basic human rights, we see how there are right to life, the right to practice any religion, freedom of movement, freedom movement and more. Each rights plays a major role in the well-being of any human.

Right to life protects the lives of human beings. It ensures no one can kill you and thus safeguards your peace of mind. Subsequently, the freedom of thought and religion allows citizens religion they wish to follow any to. Morever, it also means anyone can think freely.

Further, freedom of movement is helpful in people's mobilization. It ensures no one is restricted from travelling and residing in any state of their choice. It allows you to grab opportunities wherever you wish to

Next up, human rights also give to a fair trial. Every Human you the right to being has the right to move to the court where there will be impartial decision making. They can trust the court to give them justice when everything else fails.

In short, Human rights are very essential for a happy living of human beings. However, these days they are violated endlessly and we need to come me together to tackle this issue. The governments and citizens must take efforts to protect each other I and progress for the better. In other words, ensure happiness and prosperity all over the world.

Prachi Rai S. Y.B.Com

EK KAVITA

Mai bolti kam hu Meri chuppi se baat samjh paoge kya? Mai sochti bhot hu Meri overthinking ko sambhal paoge kya ? Mai short- tempered hu Mere gusse ko jhel paoge kya ? Mai nirash ho jau kabhi Toh mujhe motivate kar paoge kya ? Mai kamiyaab Banna chahti hu Meri kamiyabi ka hissa ban paoge kya? Mai udhna chahti hu Meri udaan mai Mera saath de paoge kya ? Mai khul kar jeena chahti hu Bina kisi expectations mere saath rhe paoge kya ? Mai khone se darti hu Mere darr ko galat sabit kar paoge kya ? Tum sacch mai mere ho paoge kya?

> Aishwarya Dhule S.Y.BMS

MY PLEASANT EXPERIENCE

For two consecutive years, I have served as the Secretary of the Student Council, a role that would transform my life in unexpected ways. In my first year, Iwas a wide-eyed freshman, eager to make a difference. I quickly learned the ropes, juggling her studies, council responsibilities, and countless meetings. I felt the weight of the position but also the excitement of contributing to positive change. From organizing successful fundraisers to bridging the gap between students and administration, journey began with countless late nights and a growing sense of responsibility.

In the second year, I became more confident and experienced. I led as a team in drafting a proposal for a student community center, a dream shared by many. Despite facing numerous challenges, her determination and ability to rally the student body led to the center's eventual approval. This success fueled my passion for advocacy, strengthening her commitment to improving the college experience my days were mastered time management, prioritizing tasks efficiently. I continued working on important initiative. And also I was a Part of Nss which gave me more Confidence In public speaking and team leader... I changed my of express my interest in the group and active in many competition, events etc.

I have also represented myself in University leadership camp and also a part of student council made my life change But it wasn't just the achievements that defined the journey as Secretarythe lessons learned, and the personal growth she experienced. I had become a formidable leader, understanding the importance of compromise, communication, and resilience. I have recognized that real change required patience and a deep understanding of the diverse needs and concerns of the student body. the Student Council with pride and gratitude. I had not only left a lasting impact on her college but had also grown into a confident, compassionate leader. My experience had taught me that with dedication and a genuine desire to serve,.I had truly embodied the spirit of student leadership and inspired those who followed in her footsteps.

> Saniya Shaikh S. Y. BMS

SHAYARIS

- 1) Aai khuda mere doston ko rakhna salamat (2) Warna Meri salamati ki dua Kaun Karega
- 2) Mere dushmanon ko bhi rakhna mahfuj (2) Warna Tere pass aane ki dua Kaun Karega
- 3) Khuda ki Mohabbat Ko Fanaa Kaun Karega (2) Sabhi bande naike hai to gunah Kaun Karega
- 4) Kaun kehta hai Insaan raang nhi badalta hai (2) Kabhi Kise Kai samnai sar jinka kai to daiko ek din mai hi raang badal jate hain
- 5) Acche log kabhi tareef Kai mohtaaj nhi hote (2) kyunki Phoolon Kai kabhi eittar nhi lagaye jate hain

Aliza Shaikh S. Y. BMS

RIGHTS OF HUMANS

Human Rights are a set of rights given to every human being regardless of their genders Caste, greed, religion, nation, location or economic Status, these are said to be moral principles that illustrate certain Standard of human behaviour Protected by law these rights axe. applicable everywhere and at any time. basic human rights are Right to life, right to a fair trial, right to remedy by a competent tribunal. Right to liberty and Personal Security. Right to own- property, Right to education, Right of peaceful assembly and association. Right to marriage and family, right to nationality and freedom to change it. Freedom of Speech, freedom for discrimination, Free- dom from Slavery, Freedom of thought conscience and religious Freedom of movement, right of opinion and Information, Right to adequate living Standard and freedom from interference with privacy, family, home and Correspondence.

All human being are born free and equal in dignity and Rights. It has proclaimed in the American del declaration of Independence proclaim that All men are created equal that they are endowed by their Created with certain Unalienable rights. In recognition of human Rights. "The universal declaration of Human rights was mode on the l0th of December, 1948

While these rights are protected by law many of these are still violated by people different reasons. Some of these rights are oven Violated by the State. The united nations committees have been formed in order to ensure that every individuals enjoys these Bose rights. Government of different countries and many non-government organizations have been also formed to monitor and protect these rights.

For instance, freedom from torture is often violated by the State during interrogation Similarly freedom from Slavery is said to be a basic human right. However, slavery and Slave trade is still Carried out illegally. Many institutions have been formed to monitor human right abuses. Government and certain non-government organization also keep a check on these

Classification of Human Rights

Human rights have broadly been classified into two categorizes at the international level

Civil and Political Rights

Also known as classical rights, these limit the government power in respect of actions impacting individual autonomy It grants people to the chance to contribute in the participation of government and determination of lows

Social Rights: -These rights direct the government to act in a positive and interventionist way in order to devise condition required for human life and development Government of each country is expected to ensure the well-being of all citizen. Every individual has the right to Social Security.

Human rights the basic right given to individual on the account of them. being human beings are almost the same everywhere. Every country grants these rights irrespective of an individual caste, creed. Colour, gender, culture and economic or social Status. However, at the times these are violated by individual, group or the state itself. So people need to stay on their guard against any violation of human rights.

> Pooja Gupta S..Y. B. Com.

IMPACT OF RUSSIA – UKRAINE CONFLICT ON INDIAN ECONOMY

On 24 February, 2022, Russia & Ukraine entered into a conflict, which has affected into the India economy, resulting in consequence & impact on different areas & aspect. In an United Nations (UN) meeting. India abstained from voting. India has maintained a neutral stance in the UN meeting 40 days elapsed since the start of this conflict. Let's discuss few key points of Russia – Ukraine conflict.

Immediate Adversities: As per the conflict broke out, Sensex crashed by 2700 points due to panic selling, nervousness amongst the investors leading to Rs 7.5lakhcrores beings wiped off from the stock market. The Russia stock market nose – dived by 50% which in turn had a significant impact on all the asian stock market. The conflict also triggered the gold & crude oil prices which were almost at their highest which we shall discuss further.

Crude oil & Gold prices: Russia is the one of the largest crude oil producers in the world & due to the sanctions imposed by the US on Russia. It has already crossed the \$1000per barrel mark

(\$108 as on 5th May, 2022) which is highest since 14 years & its price was already by 45% in the first 6 months of 2021 Gold prices also spiked to \$2000per ounces.

Higher Inflation: Due to this ongoing conflict petrol & diesel prices are already on the peak. Price of the commodity in India are highly influence by the petrol & diesel prices. When the price of petrol& diesel increase the transportation & logistics cost will be also increase. India imports 80% of its oil needs.

Favorable movement on commodities which India exports.

Russia & Ukraine both are one of the major grain producers & exporters around the globe and due to this conflict exports relating to such commodities are beings & there is a potential vacuum in the market.

Potential opportunities for India

During this conflict, US & its many ally base organization decided to terminate their operations in Russia SWIFT (Society for worldwide Interbank financial Telecommunication) is an international organizations which is connect with more than 200 countries & 11000+ bank worldwide, handled more than 4crore transactions in a single day, decided to cut ties with Russia.

Abhijeet Kamat T.Y.B.Com.

THE MISSILE MAN

The full name of sir Kalam is. Avul Pakir Jainulabdeen Abdul Kalam. He was born in the poor family on 15th October 1931 in Rameshwaram Tamil Nadu. He was very hard working student. His father Jainulabdeen was an and a Ashiamma imam of a local mosque boat owner. His mother a house wife

India culture has been full of great personalities. And one of them our Dr. APJ Abdul Kalam. Dr. Kalam worked at various chief position at Indian Space Research. Organisation (ISRO) and Defence Research and Development Organisation (DRDO). He spent the four decades to work in this centre. He was intimately involved in India's civilian space. programme and military missile development. After working on the advance of ballistic rocket dispatch vehicle innovation, he got The name "The Missile Man"

He likewise played an urgent authoritative specialized and political job in India's Pokhran - IL the first atomic test by India in atomic tests in 1998. 1974. Kalam was chosen as the 11th President of India in 2002 with • the help of both decision Bhartiya Janata Party and them resistance Indian National Congress- he from this got him another name, which is "The People President The national awards he got is Bharat Ratna (1997), Padma Bhushan (1981), Padma Vibhushan (1990). Like this he also got many awards on the hardworking for India. He has very qualities in him which cannot be defined in words. But he wrote is autobiography of Fire Dr.

Kalam expired on Monday 27 July 2015 He suddenly get attack when he lecturing at Indian Institute a heart of Shillong On 30th July 2015, he was laid of Rameshwaram with full state honours. On this day we will remember the 'Missile Man' and a great human being.

Mishra Gautam F.Y.B.Com.

SOCIAL MEDIA : A BANE OR BOON

Social Media gives us the chance of shaving information and is a Connectivity. It has not any attracted many of also, became a big source of entertainment. Many people love spending time on social media and many don't. Some became rags to riches and same face vice versa. This creates two ideologies about Boxed media which say the boon and the bane. Social media can be a good platform for many but, that the same time, it has its own cons too.

10 Lines on Social Media: Boon or Bane

- 1. Social media are tools using which wears can share their picture, views, thoughts etc.
- 2. It is a great platform to keep everyone virtually connected.
- 3. Twitter, Facebook, Snapchat You Tube, that is, etc. are some social media platforms.
- 4. In 1997, Six Degree was launched as the very first social note boking site.
- 5. Social media is good way to keep entertained.
- 6. It keeps you updated with what's going in the world.
- 7. With social media, distance is just a word as we can virtually connect to anyone.
- 8. Spending much more time on social med's is injurious to your health.
- 9. People can easily be the victim of social frauds and crimes.
- 10. Social media separates you from reality.

Social media in a name that is everyone aware of. In simple words, we can define social media as a platform that allows users to share photos Videos, texts or communicate through manages or calk. A lot of exciting features are I available on social media due to which people especially the young generation are more attracted towards it

In 1997, the first social media platform by the name six Degrees was launched; gradually other platforms come into existence. Same famous social media platforms that encounter a large number of users. What's App, Twitter, etc. is today are Instagram, Facebook,

Social media is a great way of entertainment, more than half of its user are here for the same purpose. Others can use it as a source of information. News in source of information Social media in a spread like fire. Moreover, social. media in a boon for business purpose. One can promote its product or service on social media is an effective way. Apart from these, today people from different places. Can connect with each other. This is possible only because of social media. But social media is also a great source of spreading fake news. People are now addicted to social media which in turn can affect their health. Cybercrimes, online bullying, Security, and privacy issues represent its dark side. Social media is a vital part of our lives and it can be understood in such a way that an average person spends around 2 and a half hours on social media per day. Currently, the social media population is around 4 billion. who are active. From Facebook to Instagram, social media has its roots.

People get so much indulged in this that they forget many things. However, some people use it in such a way- I that it can be used to grow business and, share information. Social media has also turned out to be one of the platforms that give people the opportunity to grow in a big way. People gain popularity, and become influencers. This inspires many people to get popular and promote products. It is indeed requirements in today's era that how people are, utilizing social media.

What is Social Media?

While talking about the definition of social media, we can get many social media definitions and everyone has their own. Social Media is basically a web- based platform that allows people, Jain, communicate, and share their ideas, thoughts and beliefs. The forms of sharing can include texts, images and Videos. People who are on social media are called users. The way of sharing is known as Posts.

People from different parts of the world come on social media and connects. with each other in order to understand other people's cultures and ways of living. Users have the access to see what they want to see and raise the Pause of whatever happening around the globe. There me considerably many types of social media platforms according to usage. Among all of them, I am majorly talked and discussed and they are mentioned below

- 1. Social Networking sites, which allow to posts in texts, photos and videos.
- 2. Image sharing These sites allow users to shares images and sometimes message
- 3. Video sharing They are meant to upload and post video contents as You Tube does.
- 4. Blogging Users post hefty content giving opinions or explaining texts with a touch of graphics

A Brick History of Social Media

Social Media has now billions of users. But the things were not as we see them today. Social Media however gained popularity in past few. years and it has some past. From the beginning, people actually were unaware of what is social media. To make friends and connect people with each other a platform called six Degrees. It allowed veers to create profiles. and make friends. It was launched in the year 1997 and shut down in 2001.

Following the footsteps of six Degrees, Friendster came out in the mark in the year 2002. 2002 noticed the launches of LinkedIn and My Space. The big rise in social media was seen in the year 2008 when Facebook surpassed. Myspace as the most viewed site in the world. However, Facebook was initially limited to Harvard students when launched in 2004. YouTube was launched in 2005, Instagram came in 2010 and Snapchat made existence in the year 2011.

Advantages of Social Media

Social Media platforms can be useful in many ways. They can popularize. people within no time. Can help you grow your business. Many people love Social media in such a way that it can provide information at the advantages of social media which are considered a boon are mentioned below.

- Informative: Social Media has a lot of information and from many? sources It is social media that many people in rural areas are able to have information. The quickness of internet is the reason behind it On social media, many r y news organizations and people share news and data which leads to spread of information.
- Publicity: It is a great publicity tool, in fact, best. On Social Media People get fame overnight. It only takes a blink to make anything go viral and create a storm on social media. A part from big celebrities get fame and good audience for their works. Ranu Mandal used. to be a beggar but with her singing qualities got frame she became an overnight star.
- Business Promotion: Internet has a lot of resources; one of them is social media. Social media is generally recommended by many experts for business promotion. It is fast and easy to use which leads to connect people very quickly to any business. Many people don't go with big advertisement but choose to use social media tools to publicize their business.
- Entertainment: Who doesn't use social media for entertainment? Entertainment is one of the main purposes for which social media are considerably used. People across the globe. media to watch videos and share photos. Instagram has Use Social recently added a feature of reels to past short videos which is one of the most loved features.
- 5 Connectivity: Connectivity is a main factor about social media. It connectivity is not there, when then how can we get publicity and grow the business. With the case to reach any part of the world, users Can make friends and connect with each other.

Disadvantages of Social Media

When we talk about social media's advantages, we must talk about Pts. disadvantages, there are certain pros and cons that social media holds. These Cons are somewhere had and sometimes lead to a disaster resulting in the bane of social media. Some of the notable disadvantages of social media are listed below.

- Fake News: Social Media has a belly amount of information and sources. The information however, can be useful or can be not. There are cases. when social media is used as a weapon to spread fake on news and lead to many adverse impacts
- Cybercrimes: Since internet is big and has a lot of people getting involved in it. "It is quite obvious that there can be people who can commit crimes. too. Cases of threats, harassing and bullying a Lover social media leads to many cases of cybercrimes on social media.

- Cyber Security: People "are found to share their personal information which leads to the damage life, property and data of many people. Cyber Security also deals with penetration of harmful software without the consent of user. One of the recent events is related to Pegasus
- Health: People who spend their maximum time on social media can have adverse effects on their health. They always sit in front of their devices washing the screen some times in dark too. This can result in problems. related to s and can lead to obesity. eyes
- Peer Pressure & Most of the teenagers see people posting things on social media. It Creates a mind-set among teenagers to buy those things. This min I get is called peer pressure. This peer pressure can lead to many of teenagers commit different types crimes

Interesting Facts about Social Media

A lot has been discussed about social media. Some good and some had. But we must also focus on some interesting fo mentioned below. facts and starts on social media which are

- 1. There are around 4.2 billion social media users in the world.
- 2. Facebook has approximately 4.5 billion users.
- 3. About 90 billion dollars were spent on social network advertising in 2013.
- 4. About 500 hours of content is uploaded on in every second on YouTube.
- 5. Alone Instagram has the highest number of followers on Instagram with 1,10 Followers.
- 6. The second most used search engine after Google is YouTube.

Conclusion

Social media is a vital port and we are so much into it. It is a habit of all of us to use social media in our free time. But, we must understand getting totally into it can lead to many problems. It is important to know that what lever is good for us can cause trouble sometimes. Also, whenever we are getting any information on social media then we should verify it first. With this, we Can make social media a better place for all of us.

> Jain Chandan Kumar F. Y. B. Com.

INFLATION ISSUES IN INDIA

The latest data for November 2022 Shows that inflation is new within RBL'S target range This is undoubtedly good news However some major issues persist Inflation remains much too high. And there is no clarity yet on how the central bank plans to bring it down to the target level

First, while it is true that inflation has slipped below the upper threshold of RBI's inflation targeting band, it is important to remember that 6% is not RBI's target RBI is legally mandated to aim for 4% inflation This implies that there is still some way 10 90 before CPI inflation reaches its target level

Second, the decline in headline inflation did not reflect any fundamental change but a sleep falls to the Vegetables, CPL illations would fact have increase to 722 one excludes

Third measures of underlying inflation Indicates that price remain subbornly strong core lie nonfood, non-fuel inflation continued The fuc 12 CRI to be around same level that it had been for nearly three years now. This signifies that high inflation is deeply embedded in the system.

Why is core inflation so persisting despite the caving of commodity price pressures 2 Most likely because the economy is locked into a wage Price Spiral as the economy has opened up after two years of panders induced restrictions, firms have had to pay higher wages to worker to bring them back, to compensale the for the price Increase (for example, fuel and transport prices! that occurs while they were away

Also, the depreciation of the rupee would have made it costlier for firm to import input. In both cases, firms seem to be passing these increases costs on to the consumers in the of highest prices.

Fourth, global inflation is still quite high white inflation in the US has succeed to 1.1% in October from £23 in September inflation in the or is it and rising white that in the EU has increased to 11.5%

As a result, India is importing high global inflation This problem could intensify, it The super appreciates further as advanced country central banks continue to lights monetary condition? by raising interest rates. Finally, cereal inflation remains exceptionally high at Rs. 132. It is difficult to understand and why this is happening government Since this has been augmenting supplies by providing grains under its price food scheme out families holding a ration card one possibility could be that trader are Worried that the government is buffer stocks are running low and that the winter harvest might prove disappointing.

Headline CPI Consumer price index) inflation came out to be 597 in November, down from 6.8 in October This is the lowest inflation since December 2021. At the same time, global commodity Prices have been falling, softening Inflationary pressures. But that pretty much where the good news ends There remain atleast five major concerns

Adding up all these factory makes it clear that it is way too early to declare victory on Inflation so what is the strategy to bring inflation down?

It is true that RBI has beans Consistently raising the policy repos has gone up from 47 to 11

RBI has also been with drawing. surplus liquidity from the system. to restrain the money supply. Monetary Policy committee focused on inflation now compared to 2021-22 Thee are any steps in the right direction but break the persistence of the inflation and bring inflation dose to the target level of 4%. effort might be required.

Rachna Rentukula S.Y.B.Com.

APJ ABDUL KALAM- AN EXAMPLE TO FOLLOW

The full name of APJ Abdul Kalam is Avul parker Jainulabdeen Abdul Kalam He was a spare Son jest who played a vital technological role in the DRDO (Defence Research and Development organisation. through his life and had remembered by heart the teachings of well He also be Holy Quran and Bhagwat geeta as the bit president of India and was much popular among the youths united nation designated his Birth Anniversary on 15th October be celebrated as the world students Day every year to commemorate the Role he played in the in –piration of youth in India and abroad

APJ Abdul Kalam was born in Tamil Nadu at that time the financial condition of his family was poor so prom an early but he never gave Supporting his family financially. Be stated up education Along with supporting his family be Continued his studies and completed graduation Above all, he was a member the pokbron nuclear test conducted in 1998

There are countless contributions of Dr.APJ Abdul Kalam to the country but he was most famous for his greatest contribution that is that dement of missiles that The great missile man become the president of India in 2002. During his lifetime Dr APJ Abdul Kalam was not only awarded and honoured by Indian organization and committee

- 1911 Padma Bhushan Government of India
- 1990 Padma Vibhushan Government of India
- 1997 Bharat Ratna Government of India
- 1998 Veer savarkar Award Government of India
- 2000 sasta Ramanujan prize shan Mughal Art, Science, Technology Research Academy
- 2003 Won Brown Award National space society
- During his life time APJ Abdul Kalam wrote many books but he most notable work Was 'India 2020' which have an action plan to make India a Super power one of a book 'Wings of fire" on Autobiography of APJ Abdul Kalam with Arun two Dr. Abdul Kalam was a man of simplicity and integrity. He was so buy at work that he rises up in the morning and sleep after midnight

He passed away in 2011 during his lecture to student in Shillong by Sudden Cardiac arrest. He was an outstanding scientist and a pioneer engineer who served his entire life for The nation and died while Serving It The man had the vision to make India a great country and According to the youth a real assets of the country

5 life lesson by Apt Abdul Kalam

- Be prepared
- Taking failures in your Stride
- Think & Act different
- Have a vision
- Be humble, even if you are the head of the nation

beda Sayyed S. Y. B. Com.

OUR LIFELINE : MOBILES

Mobile phone is one of the most commonly used gadgets in today's World. Everyone from a child to an adult uses mobile phones these days. They are a blessing from a child to are indeed very useful and help us in So Many They we use it correctly. As when only till we use it correctly. As when we use them four more, then a fixed time, they become more harmful for us we use mobile phones for almost everything now. Crone are the days when we are used them for only calling. Now. Our lives resolve around it "They come in use for, communicating through voice, Messages, and Mails. We can also Surf the internet. Using a phone most importantly, we also click Photos and records Video through our Mobile's camera. Makeover, we see how Mobile Phones which did use our computer we can even make power point presentation on our phones and use it as calculator to ease our work.

Misuse

Human beings in the past established a society. In the beginning, people used to live the caves As the population - Multiplied, human beings got involved in different crime. No doubt inventions were also misused and "Created many problems-, Todays, we have Mobile Phones in our pockets for the sake of Communication at a great blessing but, there are also the donk Side of Mobiles. There is no grain of salt in the usefulness. Mobile Phones, but their misuse has brought great losses touch humanity. Man has invented a lots of thing. An invention presents the usefulness human beings

> Shweta Harijan S. Y. B. Com. (B&I)

BOOK REVIEWS

Name of the book: - The Psychology of Money Author: - Morgan Housel Publisher: - Harriman House Limited Publishing Year: - 2022 Language: - English

About the Author: - Housel is a partner at Collaborative Fund and a former columnist at The Motley Fool and The Wall Street Journal. He is a two time winner of the Best in Business Award from the Society of American Business Editors and Writers. He is also a winner of the New York Times Sidney Award and a two-time finalist for the Gerald Loeb Award for Distinguished Business and Financial Journalism. Morgan has presented at more than 100 conferences in a dozen countries.

About the Book :- In this book, Morgan Housel shares 19 stories exploring the strange ways people think about money. It covers observations on our relationship with money and tells us how our thinking towards finances drives the critical decisions of our life.

The premise of this book is that doing well with money has a little to do with how smart you are and a lot to do with how you behave. It inspires you to live a wealthy life by making smart decisions.

Favourite Chapter's :-

No One's Crazy

Summary: Everyone looks at money through the lens of their past experiences.

You can read what it was like to lose everything during, say, The Great Recession, but you will never bear the emotional scars of those who survived it and are now afraid to invest again. It's important to remember, then, that until you've lived through a financial crisis and felt its consequences, you will never understand why people behave the way they do.

Getting Wealthy vs. Staying Wealthy

Big idea: Good investing is not about making good decisions. It's about consistently not screwing up.

Housel writes that if he had to summarize money success in a single word, it would be "survival." Not "growth" or "brains" or "insight," but "survival." The ability to stick around for a long time, without wiping out or being forced to give up, makes the biggest difference when it comes to making money. Compounding only works if you can give an asset years to grow.

Key Takeaways :- "The Psychology of Money' is filled with interesting ideas and practical takeaways. A few are listed below.

- Both luck and risk are hard to measure
- Social comparison is a problem. Comparison is the thief of all joy. Remember there's always a bigger fish."

- Give yourself a chance to win and take advantage of long tails
- Compounding only works if you give it the time to grow
- Having the ability to do what you want, when you want, is the ultimate form of wealth

Why should you read this Book :- The Psychology of Money' is an essential read for anyone interested in being better with money. Fast-paced and engaging, this book will help you refine your thoughts towards money. U can finish this book in a week, unlike other books that are too lengthy.

Dhikshith Kundar S.Y.BMS

Name of the book: ikigai Authors: Hector García & Francesc Miralles Publisher: Penguin Random House UK (Hutchinson) Year of publishing: 2016

Authors

- 1. Hector Garcia is a Japanese Spanish author who has written several books about Japanese culture, including A Geek in Japan and two worldwide bestseller Ikigai. He was former software engineer, who worked at CARN an in Switzerland before moving to Japan. He has now lived in Tokyo for over 16 years.
- 2. Francesc Miralles is a Catalan international award-winning author of self-help and inspirational books. His bestselling novel tow love in Lowercase has been translated into. Twenty languages. Miralles too lived in Okinawa, Japan.

About The Book

When the authors were indulge in their Conversation the mysterious word ikigai came up, which translates roughas "the happiness of always being busy". It also explains the extraordinary longevity of the Japanese, especially on the island of Okinawa. After a year of research, they decide to visit the village where they conducted interviews with the eldest residents with their extraordinary longevity and according to them who are born in Okinawa, "our ikigal is the reason we get up in the morning". The book introduces you to various topics such as stress, Logo therapy, Takumis, Otakus, mabui, shikuwasa, tai chi, flow, longevity, yoga, meditation, and it also defines the importances ikigai in our life, the book contains well researched data of Okinawan's lifestyles, attitude, diet, belief, perception and their daily routine. It reveals secrets and rules of ikigai followed by the Okinawan's.

Personal Opinion: This book is refreshing &Simple recipe of living a healthy and long life, it helps in discovering, pursuing and nurturing your ikigai which will bring meaning to your everyday life. The moment you will reading this book its simplicity and positivity will be an excellent guide to leading a happy life. It is full of insightful and inspirational quotes. I would

recommend this book to people who want to find a purpose in their life because it not only motivates you but also makes you feel peaceful from mind and your life. This book encourages you to do:-

- 1. What you love
- 2. What you are good at
- 3. What the world needs
- 4. What you can be paid for

Favourite Part: My Favorite part of this book was how deeply the Author has presented the details about the slightest things, also the mesmerizing and creative book cover that intrigued me the most. Honestly, I am not the person who reads self-help books but this book has helped me physically and mentally. I learnt a lot from this book. IKIGAI helps you to live better and enjoy your present time instead of thinking about future and past. What I learnt from this amazing book IKIGAI, than I would say that:

- 1. Stay active and keep working till your last breathe (don't retire).
- 2. Don't fill your stomach. Eat less than your hunger demands.
- 3. Spend your time with good and likeminded people and treat everyone like a brother, even if you've never met them before.
- 4. Wear a smile on your face every time.
- 5. Exercise daily and spend time to shape and keep your body healthy.
- 6. Follow your passion and do hard work and keep doing.
- 7. Eat healthy food and vegetables to live long.

These are the things which I learnt from IKIGAL

Aarti Saini S.Y.BMS

Name of the book: Who Moved My Cheese? Author: Dr. Spencer Johnson Publisher: G. PPutnam's Sons & Member of Penguin Putnam Inc. Year of Publishing :1999

Author: Spencer Johnson, M.D. is an international bestselling author whose books help millions of if people discover simple truths they can use to have healthier lives with more success and less stress. He is also co-Author of one minute manager and New York Times bestseller written with legendary management consultant Kenneth Blanchard. His education includes a B.A. in psychology from the University of Southern California, an M.D. degree from the Royal College of Surgeons, and medical clerkships at Harvard Medical School and The Mayo Clinic. There are over eleven million copies of Spencer Johnson's books in print in twenty-six languages.

About the book

The book is a story about change that takes place in à Maze where four amusing characters look for "Cheese", Cheese being a metaphor for what we want to have in life, whether it is a job, a relationship, money, a by house, freedom, health, or even an activity like jogging, golf etc., Each of us has our own idea of what Cheese is and we pursue it because we believe it makes us happy. If we get it, we often become attached to it. And if we lose it, or it's taken away, it can be traumatic. The "Maze" in the story represents where you spend time looking for what you want.

Personal Opinion: This book is written in a very simple way and easy to understand. I strongly believe the book to read by everyone as it is a great source of inspiration and gives us strength to accept changes in our personal as well as professional life. I found myself in the character of Haw that taught me a most important lesson is we need to have aims in our lives of finding new cheese and not to be worried, start moving and the minute we do so, things will get better and better.

Favourite Part : My favorite part of this book was how deeply the Author has presented the details about the way to Deal with Changes.

Punching line-"The quickery oulet go old things, the sooner you find new cheese".

Conclusion: Honesty I have read first time such self-help book that helped me mentally and I am sure will help others too be prepared for change. Pay attention to signs of change in your environment, whether layoffs at your workplace, new aches and pains, or strains in your home life.

What I learnt from this amazing book Who Moved My cheese is:

- Be prepared for change
- Let go of the past •
- Adapt Be open minded to new things
- Imagine success •
- Handle your fears
- Learn to enjoy change •
- Be prepared for continuous change.

Moral of the book:

- Anticipate Change
- Adapt Change
- **Enjoy Change**
- Ready to Change
- Again & again

Piyusha Vigarulkar S. Y. B. Com.

Name of the Book: Deep Work Rules for Focused Success in a Distracted World Author: Cal Newport Publisher: Grand Central Publishing Language: English

About the Author: Cal Newport is a computer science professor at Georgetown University and is also a New York Times bestselling author of seven books, including, A World without Email, Digital Minimalism, and Deep Work, which have been published in over 35 languages. In this book, Newport argues that the ability to focus without distraction is becoming increasingly rare and valuable in today's world, and he offers strategies for cultivating this skill in order to be more productive and successful.

About the Book: The length of this book is 192 pages and it would take you about a week to complete this book. The design of this book is simple but the title is little unique. So let's start with the Book "Deep Work"

Deep work is the Professional activities performed in a state of distraction-free concentration that push your cognitive capabilities to their limit.

The book is split into two parts. Part one includes three chapters about deep work that explains why deep work maximizes productivity and why only few people practice it. Part two consists of four rules for deep work how to actually do it and make deep work a regular practice in our lives.

Key takeaways: My major takeaway from this book is "The more you try to do, the less you actually accomplish."

- We spend 10 hours a day working but only 3 of those hours are actually productive.
- Instead we can work for less hours with intense focus and still achieve an equal amount.
- Being busy doesn't mean being productive.

Why you should read this book: In this book, Newport argues that the ability to focus without distraction is becoming increasingly rare and valuable in today's world, and he offers strategies for cultivating this skill in order to be more productive and successful. So if you want to learn new skill in short time and increase your productivity read this book.

The book proposes a set of principles and practices for increasing one's ability to perform deep work, and discusses the benefits of doing so in terms of productivity and fulfillment.

Critiques: Author, Cal Newport, only talks about one distraction to deep work, i.e. social media. But believe they are a lot of things aside from social media that can distract us from going deep. His writing isn't straightforward. He writes a lot before he gets to his point.

> Dikshith Kundar S.Y.BMS

मानवी हक्क

मानवी हक्क हे मुळात प्रत्येक व्यक्तीला माणूस म्हणून मिळालेले हक्क आहेत. ते आंतरराष्ट्रीय कायदयापर्यंतचे कायदेशीर अधिकार म्हणून संरक्षित आहे. मानवी हक्क सार्वत्तिक आहेत हे सर्वत आणि प्रत्येक वेळी लागू असते मानवी अधिकार हे, मानकरांचे एक संच असल्याचे म्हटले जाते जे मानवी वर्तनाचे काही मानके दर्शवतात आंतरराष्ट्रीय कायदयांमध्ये कायदेशीर हक्क म्हणून ते संरक्षित केले आहे. हे अधिकार अविवादनीय मूलभूत अधिकार म्हणून ओळखले जातात ज्यांना एखादी व्यक्ती केवळ एक माणूस असल्यामुळे हक्कदार आहे.

मानवाला त्याचे अधिकार त्याच्या जन्मतः त्याला देण्यात येते. मानवी हक्कांची मान्यता 10 डिसेंबर १९४८ रोजी यूनिवर्सल डिक्लेरेशन ऑफ हयूमन राईट्स मध्ये झाली. या कार्यदला कोणतेही बंधन नाही आहे. मानवी अधिकार हे जग जगभरात आहे.

मानवी हक्क हा अधिकारांचा एक संच आहे जो प्रत्येक मानवाला त्याचे लिंग, जात, पंत, धर्म, राष्ट्र, स्थान किंवा आर्थिक स्थिरता विचारता आर्थिक स्थिती विचारत न होता दिले जाते. हे नैतिक तत्व आहे जी मानवी वर्तनाची काही मानके स्पष्ट करतात कायद्यामध्ये संरक्षित हे अधिकार सर्वत आणि प्रत्येक वेळी लागू आहेत.

प्रत्येक व्यक्तीला जगण्याचा अधिकार आहे. हा अधिकार कायदयाने संरक्षित आहे. प्रत्येकाच्या दुसऱ्या व्यक्तीकडून मारले जाऊ नये हा अधिकार आहे. हा अधिकार स्वसंरक्षण, मृत्युदंड, गर्भपात, युद्ध आणि इच्छामरण्याचा मुद्दयांवर आहे.

प्रत्येक व्यक्तीला विचार आणि धर्म स्वातंत्र्य आहे. तो स्वतंत्रपणे विचार करु शकतो आणि कोणत्याही धर्माचे, पालन करु शकतो. एखादया व्यक्तीला कधीही त्याचा धर्म निवडण्याचे आणि बदलण्याचे स्वातंत्र्य आहे. देशाच्या नागरिकांना . त्या राज्यातील कोणत्याही भागात प्रवास करण्याचा, राहण्याचा, काम करण्याचा किंवा अभ्यास करण्याचा अधिकार आहे.

'देशाच्या आणि व्यक्तींच्या वैयक्तिक पातळीवर सर्वांगीण विकासासाठी मानवाधिकार अत्यंत महत्वाचे आहेत. जर आपण मूलभूत मानवी हक्कांवर एक नजर टाकली तर आपण पाहतो की जगण्याचा अधिकार, कोणत्याही धर्माचे पालन करण्याचा अधिकार, चळवळीचे स्वातंत्र्य आणि बरेच काही कसे आहे. प्रत्येक अधिकार कोणत्याही माणसाच्या विकासात मोठी भूमिका बजावतो. थोडक्यात, मानवी आनंद जगण्यासाठी मानवी हक्क अत्यंत आवश्यक आहेत. तथापि, आजकाल त्यांचे कधी कधी उल्लंघन सुद्धा केले जात आहे आणि या समस्येना सामना करण्यासाठी आपण एकत्र येणे आवश्यक आहे. आवश्यक आहे. सरकार आणि नागरिकांनी एकमेकांच्या संरक्षणासाठी आणि चांगल्यासाठी प्रगती करण्यासाठी प्रयत्न केले पाहिजेत.

> Suraj Utekar S.Y.B.Com.

कायदेशीर मानवी हक्क

मानवी हक्क हे मुळात प्रत्येक व्यक्तिला माणूस म्हणून मिळालेले हक्क आहेत ते आंतरराष्ट्रीय कायद्यापर्यंतचे कायदेशीर अधिकार म्हणून आहे. मानवी हक्क सार्वशक आहेत हे सर्वत्र आणि संरक्षित प्रत्येक वेळी लागू असते मानवी अधिकार हे मानकरांचे एक संच असल्याचे म्हटले जाते जे मानवी वर्तनाचे काही मानके दर्शवतात आंतरराष्ट्रीय कायद्यामध्ये कायदेशीर हक्क म्हणून ने संरक्षित केले आहे. हे . अधिकार अविवादनीय मूलभूत अधिकार म्हणून ओळखले जातात ज्यांना एखादी व्यक्ति केवळ एक माणूस असल्यामुळे हक्कदार आहे.

मानवी हक्क हा अधिकारांचा एक संच आहे त्याचे लिंग, जात, पंत, धर्म, सु स्थान किंवा आर्थिक स्थिरता विचारता आर्थिक स्थिती विचारात न घेता दिले जाते. है नैतिक तत्व आहे जो मानवी वर्तनाची काही मानके स्पष्ट करतात कायद्यामध्ये संरक्षित हे अधिकार सर्वत्र आणि प्रत्येक वेळी लागू आहेत. मूलभूत मानवी हक्कांमध्ये जगण्याचा हक्क न्याय चाचणीत अधिकार सक्षम ना न्यायाधीकरणाद्वारे उपाय करण्याचा अधिकार स्वातंत्र्य आणि वैयक्तिक अक्षततेचा अधिकार मामलेचा अधिकार क् शिक्षणाचा हक्क शांततापूर्ण संमेलन आणि सहवासाचा आधिकार विवाह आणि कुटुंबाचा अधिकार यांचा समावेश आहे राष्ट्रीय त्वचा अधिकार राष्ट्रीय त्याचा अधिकार आणि त्यात बदल करण्याचे स्वातंत्र्य भाषण स्वातंत्र्य गुलामीपासून स्वातंत्र्य विचारांचे स्वातंत्र्य विबेक आणि धर्म चळवळीचे स्वातंत्र्य मन आणि माहितीचा अधिकार पुरेशा राहणीमानीचा अधिकार आणि गोपनीयतेचा अधिकार आहे तसेच कुटुंब आणि घर पत्रव्यवहार यांचे देखील आधकार आहे. हे अधिकार कायदयादवारे संक्षित केले असले तरी यापैकी बरेच लोक अजूनही वेगवेगळ्या कारणांमूळे

ह आधकार कायद्याद्वार साक्षत कल असल तरा यापका बरच लाक अजूनहा वगवगळ्या कारणामुळ उल्लंघन करतात यापैकी काही अधिकाच्यांचे राज्याकडूनही उल्लंघन केले जाते प्रत्येक व्यक्तिला के मूलभूत अधिकार मिळावेत यासाठी संयुक्त राष्ट्राच्या समित्यांची स्थापना स्थापना करण्यात आलेली आहे या अधिकारांचे निरीक्षण आणि संरक्षण करण्यासाठी विविध देशाची सरकारे आणि आणि अनेक गैर सहकारी संस्था देखील स्थापन करण्यात आलेले आहेत.

मानवी हक्कांचे वर्गीकरण

आंतरराष्ट्रीय मानवी हक्कांचे विस्तृत वर्गीकरण केले गेले आहे, जसे कि नागरी आणि राजकीय हक्क आणि आर्थिक आणि सांस्कृतिक अधिकारांसह सामाजिक हक्क.

<u>नागरी आणि राजकीय ह</u>क्क

का अधिकार व्यक्तिच्या स्वायत्ततेवर परिणाम कृतींच्या संबंधात सरकारच्या अधिकारावर करणाऱ्या मर्यादा घालतो, हे लोकांना सरकारी सहभाग आणि मद्यांच्या निर्धारामध्ये योगदान देण्याची संधी देते.

<u>सामाजिक हक्क</u>

हे अधिकार सरकारला सकारात्मक आणि हसतेयवादी मागीने वागण्याचे निर्देश देतात जेणेकरून मानवी जीवन आणि विकासासाठी आवश्यक गरजा पूर्ण करता येतील प्रत्येक देशाचे सरकार आपल्या सर्व सर्व नागरिकांचे आशा करते अधिकार आहे. कलमाण सुशिक्षित करण्याची प्रत्येकाला सामाजिक सुरक्षिततेचा

<u>मूलभूत मानवी हक्क</u>

प्रत्येक व्यक्तिला काही मूलभूत अधिकार दिले आहेत. ते अधिकार सर्व लोकांना आपले जीवन सुखरूपणे जगण्यासाठी उपयोगी पडतात.

<u>जगण्याचा अधिकार</u>

प्रत्येक व्यक्तिला जगण्याचा अधिकार आहे. हा अधिकार कायद्याने संरक्षित आहे. प्रत्येकाला दुसऱ्या व्यक्ति कडून मारले जाऊ नये का अधिकार आहे. हा अधिकार स्वसंरक्षण, मृत्युदंड, गर्भपात, युद्ध आणि इच्छामरणाच्या मुद्दयांवर आहे. <u>विचार आणि धर्म स्वातंत्र्य</u>

प्रत्येक व्यक्तिला विचार आणि धर्म स्वातंत्र्य आहे. तो स्वतंत्रपणे विचार करू शकतो आणि कोणत्याही धर्माचे पालन करू शकतो. एखाद्या व्यक्तिला कधीही त्याचा धर्म निवडण्याचे आणि बदलण्याचे स्वातंत्र्या आहे.

राहण्याचे स्वातंत्र्य

याचा अर्थ देशाच्या नागरिकांना त्या राज्यातील कोणत्याही भागात प्रवास करण्याचा, राहण्याचा, काम करण्याचा किंवा अभ्यास करण्याचा आधिकार आहे.

<u>निष्पक्ष चाचणीचा अधिकार</u>

सक्षम आणि निष्पथा न्यायालयाकडून न्याम्य सुनावणीचा अधिकार प्रत्येकाला आहे. . या अधिकारामध्ये सुनावणी, सार्वजनिक सुनावणी, वकिलाचे अधिकार आणि वाजवी वेळेत अर्थ 'लावण्याचा अधिकार यांचा समावेश होतो. या अधिकाराची विविध प्रादेशिक आणि आंतराराष्ट्रीय मानवाधिकार साधनांमध्ये करण्यात आली आहे.

गुलामगिरीतून स्वातंत्र्य

या आधिकारानुसार कुणालाही वागणूक दिली गुलामासारखा जाणार नाही. गुलामगिरी आणि गुलामगिरीच्या व्यवसायावर सर्व प्रकारची बंदी घालण्यात आली आहे.

<u>अभिव्यक्ती स्वातंत्र</u>

प्रत्येकाला मोकळेपणाने बोलण्याचा आणि आपले मत मांडण्याचा अधिकार आहे. जरी हा अधिकार कोणत्याही देशात पूर्णपणे दिलेला नाही. गुन्याला चालना देण्यासाठी हे सहसा काही मर्यादा जसे की अश्लीलता, बदनामी आणि हिंसा इत्यादींच्या अधीन असते मानवी हक्क हे असे अधिकार मूलभूत आ आहे जे प्रत्येक व्यक्तिला माणूस म्हणून हुक्क देते हे अधिकार कायद्याद्वारे संरक्षित केलेले आहेत म्हणून दरवर्षी १० डिसेंबर हा दिवस मानव हक्क दिन म्हणून युनायटेड नेशन द्वारे साजरा केला जातो.

Divya Salvi S.Y.B.Com. (B&I)

<u>मानव अधिकार</u>

मानव अधिकार निर्विवाद अधिकार है क्योंकि पृथ्वी पर मौजूद व्यक्ति इंसान होने के नाते इसका हेकदार है। यहां अधिकार प्रत्येक इंसान को अपने लिंग, संस्कृति, धर्म, राष्ट्र, स्थान, जाति, पंथ या आर्थिक स्थिति 'के बंधनो आज़ाद हैं। इतिहास मानवाधिकारों का विचार मानवे है, हालांकि इस हीं हो रहा है, में पहले के समय में काफ़ी अवधारणा में पहले भिन्नता थी। यहाँ यहाँ रस अवधारणा पर एक विस्तृत

नज़र डाली गई है अंतराष्ट्रीय स्तर पर मानवाधिकारों को व्यापक वर्गीकृत किया गया है। नागरिक और राजने राजनीतिक अधिकार तथा सामाजिक अधिकार जिसमें आर्थिक और सांस्कृतिक अधिकार शामिल हैं। हर व्यक्ति सरल तथा सामान्य आवश्यक है, कि जीवन के लिए लिए यह काफी हर हालात में उसे आवश्यक मानव अधिकारों की प्राप्ति हो। इन्हीं के आधार पर विभिन्न तरह मानव अधिकारों का वर्गीकरण किया गया हैं।

यह अधिकार व्यक्ति की स्वायत्तता को प्रभावित करने वाले कार्यों के संबंध को सीमित करता है। यह लोगो की भागीदारी और कानूनों योगदान करने का सरकार को की शक्ति निर्धारण मौका देता हैं। ये अधिकार सकारात्मक और हस्तक्षेपवादी तरीके से कार्य करने के लिए निर्देश देते हैं, ताकि मानव जीवन और विकास के लिए आवश्यक जरूरतें पूरी हो सकें। प्रत्येक देश की सरकार अपने सभी नागरिकों की भलाई सुनिश्चित करने की उम्मीद करती है। प्रत्येक व्यक्ति को सामाजिक सुरक्षा का अधिकार है। आज के समय में मानव अधिकार एक ऐसी सुविधा है जिसके बिना हमारा जीवन काफी भयावह दर्शनीय हो जायेगा क्योंकि बिना मानव अधिकारों के हम पर तमाम तरह सकते है। बिना किसी किया के अत्याचार किये भय के जा जा सकता है। वास्तव में मानव अधिकार सिर्फ आजू सभ्यता है । के समय में ही नहीं के इतिहास में भी काफी भारत में भी प्राचीनकाल काफी आर हमारा शोषण मानवू आवश्यक रहें में सार गणतांत्रिक राज्यों, के नागरिकों को कई विशेष मानव अधिकार प्राप्त थे। आज के समय स्तर पर, "कैदियों मानव अधिकार को समय में अंतरराष्ट्रीय लेकर युद्धबंदियों तक के तय किया गया अधिकारों की देखरेख और नियमन कई 7 इन प्रमुख अंतराष्ट्रीय संस्थाओं और संगठनों द्वारा किया जाता है।

यदि मानव अधिकार ना हो तो हमारा जीवन पशुओं से भी बदतर 'हो जायेगा, इसका प्रत्यक्ष उदाहरण हमें आज के समय में कई तानाशाही और धार्मिक रूप से संचालित होने वाले में देखने को मिलता है। जहां सिर्फ अपने विचार व्यक्त देने पर या फिर कोई छोटी सी गलती 'देने पर किसी व्यक्ति को मृत्युदंड कर देने जैसी कठोर सजा त्सुना दी जाती हैं, क्योंकि ना तो कोई वहा मानव अधिकार नियम है ना तो किसी तरह का कानून, इसके साथ ही ऐसे देशों में सजा मिलने पर भी बंदियों के साथ पशुओं से भी बुरा सलूक किया जाता है।

नही दूसरी तरफ लोकतांत्रिक देशों में गुलव अधिकारों एक काफी महत्व दिया जाता है, और हर व्यक्ति चाहे फिर वह अपराधी यां इसके हो क्यों ना हो उसे अपना पक्ष रखने का पूरा . अवसर दिया जाता मिलने पर भी उन्हें दी जाती है। इस साथ ही युद्धबंदी सजा मूलभूत सुविधाएं अवश्य लगा सकते हैं, कि मानव अधिकार हमारे जीवन- बातें में कितना महत्व रखते हैं।

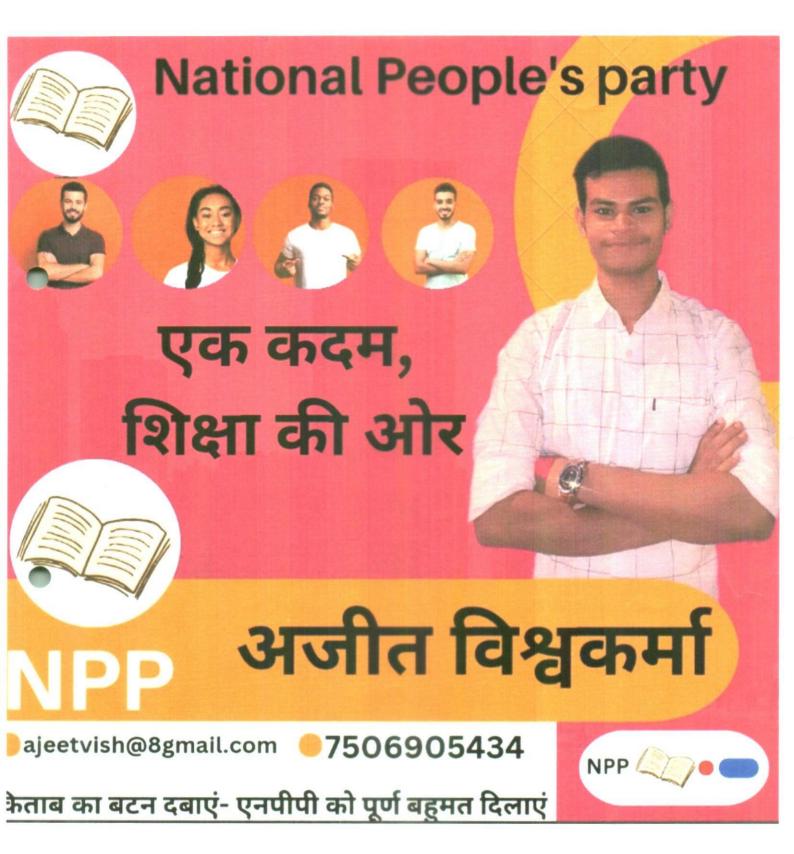
मानवाधिकार, व्यक्तियों को दिए गए मूल अधिकार हैं, जो 'लगभग हर जगह समान हैं। प्रत्येक देश किसी व्यक्ति की जाति, पंथ, रंग, लिंग, संस्कृति और आर्थिक या सामाजिक स्थिति नज़रंदाज़ कर को इन अधिकारों को प्रदान है। हालांकि कभी-कभी इनका व्यक्तियों, समूहों या स्वयं राज्य द्वारा उल्लंघन किया जाता हैं। इस - लिए लोगों को मानवाधिकारों के किसी भी उल्लंघन के खिलाफ खूद आवाज़ उठाने की मानवाधिकार १० दिसम्बर १९४८ जरूरत हैं। को संयुक्त राष्ट्र संघ की महासभा ने मानव अधिकार की सार्वभौमिक घोषणा, को स्वीकार कर लिया। हर साल १० दिसंबर का दिन दुनिया भर में अंतर्राष्ट्रीय मानवाधिकार दिवस के तौर पर मनाया जाता है। सबसे पहले १० दिसंबर १९४८ में पहली बार संयुक्त राष्ट्र ने मानवाधिकारों को अपनाने की घोषणा की हालांकि अधिकारिक तौर पूर इस दिन की घोषणा वर्ष 10 दिसंबर १९५० १०. में की गई। इसलिए आज १० दिसंबर के दिन पूरी दुनिया भर मे 'मानव अधिकार दिवस' 'रूप में मनाया जाता हैं

- मानव अधिकार मूल से वे अधिकार है, जो प्रत्येक व्यक्ति को इंसान होने के कारण मिलते हैं।
- मानवाधिकार मानदंडों का एक समूह हैं जो मानव व्यवहार के कुछ मानव को चित्रित करता है।
- मानवाधिकार मूल रूप से जिंदगी जीने, आजादी और निजी स्रक्षा का अधिकार इत्यादि हैं।
- देश में सभी को समानता का अधिकार सामान रूप से दिया गया है।

- मानवाधिकार में प्रत्येक व्यक्ति अपना लिंग, जाति, धर्म, संस्कृति, सामाजिक स्थिति की परवाह किए बिना हकदार है।
- यह वह मानदंड हैं, जो मानव व्यवहार के कुछ मानकों का वर्णन करते हैं और कानून द्वारा संरक्षित हैं
- मानव अधिकारों दो व्यापक श्रेणियों में विभाजित किया गया हैं, नागरिकों और राजनीतिक अधिकार।
- मानव अधिकारों के दुरुपयोग की जाँच करने लिए संयुक्त राष्ट्र समिति की स्थापना कीं गइ हैं।

Suraj Gupta F.Y.B.Com.

Poster Ad Making



Ajit Vishwakarma T. Y. BMS



AVATAR HAIR STUDIO 09 AM - 09 PM

HAIRCUTS

Fade/Special Cut	₹100
Haircut	₹70
Senior Cut	₹80
Kids Cut	₹50

SHAVE

Deluxe Shave	₹ 100
Classic Shave	₹ 70
Beard Trim	₹50
Special Treatment	₹ 150

30% OFF ONFIRST THREE SERVICE

The salon that gives you style.



For Queries Call on :- +91 000-000-0000,+91 000-000-0001 Mail :- avatarhairstudio@gmail.com *T.Y.BMS* Shop no. 09, Rizvi Utopia, Behind kalina Church, Santacruz [E] Mumbai 4000-29





₹ 30/- Per Bottle Stay Hydrated, Stay Refreshed

+91 1234567890
thirstbuster@gmail.com
Available in all Retail Shop

Manohar Singh T.Y.BMS

ROSELLE lipstick COLLECTION

Available In 3 Colors

> SHOP NOW ONLY

Soft. Smooth and Senutiful Lipstick Shades

399/-

EMAIL US ON hello Ophilmontgomery co

CONTACT US

Available at all shops

Vaishnav Joshi T.Y.BMS