

ACADEMIC YEAR 2022-23

REPORT ON NSS ACTIVITIES

➤ **Yoga Diwas Celebration (21st June, 2022)**

On 21st June 2022 “International Yoga Day” was celebrated in our College Auditorium with a total participation of 125 NSS Volunteers. Our Sports Director, Mr. Yogesh Lahare spoke about ‘International Yoga Day’ and the significance of Yoga in our day-today life. The exercises are good and useful to the students. All the students were excited and energetic. All the students and few of our teachers demonstrated the yoga postures as per the instructions given by the Sports Director. We all celebrated the day with a lot of eagerness and joy. The experience we got was really amazing and important.

Number of Participation: 125 Volunteers

➤ **Awareness Campaign on Ban on Plastics (25th July, 2022)**

An awareness rally on Plastic Ban was conducted by our NSS Unit. Students went from one class to other holding posters in their hand to create awareness about the negative impact of plastic on the environment and all the living beings residing in the environment.

Number of Participation: 61 Volunteers

➤ **Rakshabandhan Celebration (11th August, 2022)**

On 11th August 2022, the NSS unit of our College in collaboration with Sanskruti Foundation celebrated Raksha Bandha with the Indian Army at the Military Camp, Vakola. Our students tied the auspicious thread on their hand and prayed to the Almighty to safeguard the soldiers from all the evils.

Number of Participation: 35 Volunteers

➤ **Rally on *Har Ghar Tiranga* (13th August, 2022)**

Our NSS students participated in the rally on *Har Ghar Tiranga* which was conducted by the NSS Cell of the University of Mumbai in the Kalina Campus. The students walked around the campus holding the National Flag in hand.

Number of Participation: 22 Volunteers

➤ **Rally on *Azadi Ka Amrit Mohastav* (14th August, 2022)**

Our NSS students participated in the rally on *Aazadi Ka Amrit Mohotsav* which was conducted by NSS Unit of our College. All the students raised the slogan of "*Har Ghar Tiranga, Ghar Ghar Tiranga*", they made people aware. The rally was initiated at the Air India gate and finished at the College gate via Military Camp. There was a lot of enthusiasm among the students. Students shared the message of *Har Ghar Tiranga* by distributing the Tricolour to the passers-by on the street. Everyone gave a great response to this rally. Few elderly people sitting in a group blessed the students for showing their enthusiasm and respect for our national flag *Tiranga*.

Number of Participation: 116 Volunteers

➤ **Independence Day (15th August, 2022)**

Independence Day is celebrated with great enthusiasm in our College. Flag hoisting ceremony was conducted in the College campus where the staff members and NSS students were present. Our students Sanchita, Siddharthi, Anjali, Vishakha and Zaid sang a song "*Meri Jaan Jaye Watan Ke Liye*" during the celebration.

Number of Participation: 40 Volunteers

➤ **Selfie Making Competition with *Tiranga* (15th August, 2022)**

Our NSS unit conducted Selfie Competition as an initiative under *Har Ghar Tiranga* Campaign. Our volunteers took selfies with the National Flag at their residence. This was to celebrate the *Aazadi Ka Amrit Mohotsav*.

Number of Participation: 36 Volunteers

➤ **Blood Donation Drive at Andheri Station (23th August, 2022)**

Blood Donation Camp was held at the Andheri Railway Station from 9 am to 5 pm in collaboration with Kamdar Charity Foundation. NSS students volunteered at the event and also a few of them donated blood. We successfully collected 81 bottles of blood even during the pandemic times.

Number of Participation: 35 Volunteers

➤ **Blood Donation Drive at College Campus (17th Sept, 2022)**

Blood Donation Camp was held in our College Auditorium from 9 am to 5 pm in collaboration with Akhil Bhartiya Terapanth Yuvak Parishad. NSS students volunteered for the program and also a few of them donated blood. We successfully collected 201 bottles of blood even during the pandemic times.

Number of Participation: 45 Volunteers

➤ **Traffic Controlling (5th Sept, 2022 & 9th Sept, 2022)**

Our NSS unit in collaboration with Vakola Traffic Police volunteered to manage the crowd and maintain safety during Ganpati Visarjan. The students learnt traffic rules, crowd management and road safety

Number of Participation: 90 Volunteers

➤ **Compost Pit (Sept 2022 to Feb 2023)**

Our NSS volunteers helped our Campus gardener to clean the back-side ground of our College. The waste was collected and thrown in the compost pit where after decomposition; the manure available can be used as organic fertilizer for the trees and shrubs in our Campus.

Number of Participation: 94 Volunteers

➤ **Beach Cleaning Drive (Sept 2022 to Feb, 2023)**

The NSS Unit of our College took up a community initiative to clean Juhu Beach. The objective of the beach cleaning activity was to improve the coastal and ocean ecosystem by making sure that none of the trash kill marine life or is toxic enough to disrupt the marine life cycle.

Number of Participation: 125 Volunteers

➤ **Coastal Cleaning Drive (17th Sept, 2022)**

On 17th September 2022, on the occasion of the World's Coastal Day, the students of our College participated in the Coastal Cleaning Activity. Both NSS and Non NSS students enthusiastically participated in the activity. This grand event was embellished with the presence of the Governor of Maharashtra and the Coast Guard Officers. They motivated the students to show concern towards the environment and act as a responsible citizen of the country.

Number of Participation: 114 Volunteers

➤ **Nursery Gardening (Sept 2022 to Feb, 2023)**

As a green initiative by the College, our volunteers undertook the task of maintaining a Nursery Garden in our College. Flowers, Show Plants, Herbs and Medicinal shrubs were planted in our Nursery. We have successfully grown Green Chillies, Basil, Aloe Vera, Wheat Grass, Coriander and Fenugreek leaves. The volunteers planted various plants and herbs at the College terrace to beautify the place and also to protect the environment. We planted around 80 saplings.

Number of Participation: 67 Volunteers

➤ **Campus Cleaning Drive (Sept 2022 To Feb, 2023)**

Campus cleaning activity was conducted in the College campus. The aim of the activity was to promote the value of cleanliness among the students and to beautify the environment.

Number of Participation: 55 Volunteers

➤ **Health Check-up Camp (20th Sept, 2022)**

On 20th September 2022, NSS unit of our College conducted a free health check-up for our teaching and non-teaching staff across all the sections of Patuck Polytechnic Trust. Doctors from Kapadia Multispeciality visited the Campus to conduct the health check-up. The NSS students volunteered in this activity to extend a helping hand towards the team of doctors.

Number of Participation: 17 Volunteers

➤ **NSS Day Celebration (24th Sept, 2022)**

On 24th September 2022, our NSS students celebrated NSS day. Students recited poems, and narrated stories of the heroes who worked for the welfare of the society. The celebration ended with cake cutting.

Number of Participation: 60 Volunteers

➤ **Paper Bag Making and Distribution (Sept 2022 to Feb 2023)**

Paper bag-making and distribution was the initiative taken by our NSS volunteers. The NSS volunteers made paper bags and distributed the same to the local vendors of Vakola. The aim of this activity was to create awareness among the local vendors and the people in the society to avoid use of plastic bags and to promote the use of paper bags as they are environment friendly.

Number of Participation: 109 Volunteers

➤ **Road Safety - Bike Riding Demonstration (30th Sept, 2022)**

Training on “Two-wheelers Safe Riding” was conducted by the NSS unit in collaboration with United Way Mumbai. “United for Road Safety” is a community initiative taken by United Way Mumbai to address various aspects related to road safety in Mumbai.

Number of Participation: 99 Volunteers

➤ **Bhajan Sandhya (2nd October, 2022)**

Gandhi Sandhya Bhajan Program was held at Gateway of India. The students sang different Bhajans and this Samarambh took place in the evening.

Number of Participation: 30 Volunteers

➤ **Mega Cleanliness Drive (19th October, 2022)**

On 19th October 2022, we conducted a Mega Cleanliness drive at Andheri Railway Station. The volunteers undertook a cleanliness activity at Andheri Railway station and nearby areas.

Number of Participation: 15 Volunteers

➤ **Fit India Freedom Run (19th October, 2022)**

On 19th October 2022, the NSS unit of our College organized a Fit India Freedom Run at Juhu Beach in which the volunteers participated and completed a 3 kms run. Our Sports Director, Mr. Yogesh Lahare joined the NSS unit to encourage the students to be fit and follow a healthy life style.

Number of Participation: 55 Volunteers

➤ **National Unity Day Run (31st October, 2022)**

The University of Mumbai, organized “Run For Unity” on 31st October, 2022 to commemorate the birth anniversary of our First Home Minister and the ‘Iron Man of India’ - Sardar Vallabhbhai Patel.

Number of Participation: 30 Volunteers

➤ **Poster Exhibition on Road Safety (19th November, 2022)**

On 19th Nov, 2022 the NSS unit of our College in collaboration with United Way (Mumbai) conducted a poster exhibition on road safety. The students enthusiastically participated by making beautiful posters depicting messages of safety on road. Total 85 people visited the exhibition.

Number of Participation: 36 Volunteers

➤ **AIDS Awareness Poster Making & Quiz Competition (1st Dec, 2022)**

On account of World AIDS Day, online poster-making competition was conducted on 1st December, 2022. The aim of the poster making competition was to create awareness among the people of the society about AIDS, to unite the people in the fight against HIV and to show support for the people living with HIV.

Number of Participation: 32 Volunteers

➤ **Voting Awareness at Gala Auditorium (6th December, 2022)**

Our NSS unit organized a Session on Voting Awareness in the College campus to spread awareness regarding the importance of voting and to make the students aware about their Right to Vote.

Number of Participation: 44 Volunteers

➤ **Cleaning Drive at Adopted Village (20th October, 2022)**

A cleanliness drive was undertaken at the adopted village on 11th December 2022. Our NSS volunteers cleaned various public places in Manivali Village; Such as cleaning the area near water sources, public places, Gram Panchayat and various places in the village where cleanliness was required.

Number of Participation: 30 Volunteers

➤ **Bandhara Construction at Adopted Village (10th December, 2022)**

Our NSS Volunteers contributed their efforts in construction of Bandhara. This is how our students helped the villagers to hold and store the flowing water of the river.

Number of Participation: 20 Volunteers

➤ **Awareness on Swaccha Mumbai Majhi Mumbai (2nd, 3rd & 10th December, 2022)**

Our NSS Unit has conducted an awareness campaign on the theme of *Swaccha Mumbai Majhi Mumbai*. The NSS students went class to class to create awareness about the importance of clean environment.

Number of Participation: 55 Volunteers

➤ **Avhaan Camp (18th to 28th Dec, 2022)**

The Avhaan camp was held at Jalgoan University from 18th Dec, 2022 to 28th Dec, 2022. One female volunteer from our College was selected for it. The volunteer learned about the disaster preparedness, different types of knots, first aid, CPR. This camp helped us to learn about the first response during a disaster.

Number of Participation: 1 Volunteer

➤ **Cleaning Drive at Public Places (18th October, 2022)**

Our NSS Unit have conducted a cleanliness drive where we cleaned various public places, such as garden, railway station, public sky walks and the areas in the College vicinity. The cleanliness drive was conducted at Anand Garden in Vakola, Santacruz Railway station and Santacruz East Sky Walk.

Number of Participation: 64 Volunteers

➤ **Disaster Management Training (13th-& 14th Feb, 2023)**

A batch of 35 volunteers was selected to undergo Disaster Management Training at Disaster Management Cell in Parel. The training is conducted in association with MCGM Disaster Management Cell. They were taught how to tackle disasters, administer first aid and help in evacuation during times of need.

Number of Participation: 35 Volunteers

➤ **Road Safety Rally (16th January, 2023)**

Our NSS unit organized Road Safety Rally in collaboration with the Vakola Traffic Police. The Rally commenced from our College gate and the route was via Military Camp and then coming back to our College. This activity was highly appreciated by the Vakola Traffic Police.

Number of Participation: 106 Volunteers

➤ **Self Defence Training (24th January, 2023)**

Our NSS Unit organized a Self Defence Workshop which was conducted by the Black Belt Karate Champion, Mr. Kerry D'souza. This activity was organized in collaboration with Women Development Cell of our College. Our students learnt various moves to save themselves in times of distress.

Number of Participation: 150 Volunteers

➤ **Republic Day Celebration (26th January, 2023)**

Our College celebrated Republic Day on 26th January 2023. NSS Volunteers enthusiastically participated in the flag hoisting ceremony. Our students Sanchita, Siddharthi, Anjali, Vishakha sang a song “*Gunje Gagan Me, Mehke Pawan Me, Har Ek Man Me Sadbhavana.*” during the celebration.

Number of Participation: 35 Volunteers

➤ **Student Leadership Program (9th March, 2023)**

Student Leadership Program was organized by the NSS unit in collaboration with the Indian Development Foundation on 9th March 2023. Ms. Mallika Ramchandran was the resource person. The aim of the Student Leadership Program was to bring about personality development among the students.

Number of Participation: 25 Volunteers

➤ **Dental Check-up (9th March, 2023)**

Our NSS Unit organized a dental check-up for the students of the Primary and Secondary Schools, Junior College and Degree College in collaboration with Onedent Clinic.

Number of Participation: 15 Volunteers

➤ **Free Eye Check-up (9th March, 2023)**

Our NSS Unit organized an Eye check-up camp for the teaching and the non-teaching staff of our College. The camp was organized in collaboration with Surya Optics.

Number of Participation: 20 Volunteers

➤ **District Level Workshop on Disaster Management (16th & 17th March, 2023)**

The NSS unit of our College in collaboration with NSS Cell University of Mumbai, organized a two-day district level workshop on disaster management training on the 16th & 17th March, 2023 in the College campus. The aim of the programme was to disseminate the information and to impart the knowledge regarding disaster preparedness and mitigation of its effects. Nine different

colleges of western suburban participated in this workshop to gain some practical knowledge about disaster management.

Number of Participation: 46 Volunteers

NSS Rural Residential Camp

Venue – At post - Manivali Village, Tehsil- Kalyan, District- Thane

Date – 20th December 2022 to 26th December 2022

A total of 77 volunteers attended the camp along with 03 Program Officers.

➤ Day 1: 20th December 2022

The NSS PO with along with the other teachers conducted a meeting with the Volunteers and gave instructions regarding their duties, daily activities, code of conduct, etc. On the first day the students were divided into six groups and were allotted the duties of Cleanliness, Kitchen, and rest were allocated with other duties. The duties were performed by the Volunteers on rotational basis. Cleanliness drive was conducted on the first day and students enthusiastically participated in the same. In the evening after a tea break, the students were given time to prepare for the entertainment program. The entertainment program gave a real boost to the hidden talent of the students.

➤ Day 2: 21st December 2022

One group was allocated the responsibility of cleanliness at the venue. The second group was allocated the responsibility to help the Cook in the Kitchen and all the related activities. The other four groups conducted a survey to find the availability of water pipeline in each and every household. They performed various activities such as levelling of ground, planting trees, performing street plays, attending classes on arts, music etc. Medical Camp in association with Mauli Foundation was organized for the villagers where they provided free check-up and consultation to the villagers. The students also taught the school children and made teaching aids for them.

➤ **Day 3: 22nd December 2022**

On 22nd December 2022, Mr. Bajrang sir taught the students the art of drama and gave them social topics to enact and conduct street plays for creating awareness among the people regarding various social evils of the society. Students did street plays on various issues of society such as Dowry, Eve Teasing, Killing of Girl Child, Female abuse, Honor Killing and so on. It was indeed a great learning experience for the students.

➤ **Day 4: 23rd December 2022**

We conducted Haldi Kumkum ceremony for the Ladies of the village. On that occasion, one of our Faculty Member, Mrs. Netra Thakre delivered a session for the rural women on the rights given to the women by the Constitution of our nation. Dr. Pallav Das was also a part of the event. Women enthusiastically participated in the *Haldi Kumkun* ceremony.

➤ **Day 5: 24th December 2022**

On 24th December we conducted health check-up and eye check-up Camp for the residents. It was a successful event as huge number of villagers availed the benefits of the health check-up and eye check-up camp. We distributed 80 spectacles free of cost to the first 80 people who checked their eyes. Dr. Tasfiya Patel added the feather in the cap with her presence and it helped us for the smooth conduct of the medical camp. In the evening, Mr. Rajan sir conducted an entertainment session for the students where the students learnt various values through fun activities.

➤ **Day 6: 25th December 2022**

On 25th December we took the students for a field visit at nearby places to make them cherish the beauty of nature. We also visited Vishwas Rao farm which is an Agro tourism spot in Manivali Village.

➤ **Day 7: 26th December 2022**

We conducted tobacco awareness in the village to make the people aware about the ill effects of tobacco. After the awareness rally, we all extended a vote of thanks to the Gram Panchayat officials and wrapped up our Camp and headed towards Mumbai.