

ACADEMIC YEAR 2023-24

REPORT ON NSS ACTIVITIES

➤ **Youth Wing Rally (11th June, 2023)**

The Youth Wing Rally, held on 11th June, 2023 was a vibrant and dynamic event aimed at empowering young individuals and fostering their leadership skills. Rally was organized by University of Mumbai, and it served as a platform for youth engagement, activism, and dialogue on pressing social, political, and environmental issues.

Number of Participation: 15 Volunteers

➤ **Yoga Day Training Camp (18th to 20th June, 2023)**

The Yoga Day Training Camp, held from 18th to 20th June, 2023, aimed to promote the practice and understanding of yoga amongst participants. The Yoga training camp was organized by University of Mumbai at Kaivalyadham, Marine Drive. The camp sought to celebrate International Yoga Day and contribution of Yoga in promoting physical, mental, and spiritual well-being.

Number of Participation: 02 Volunteers

➤ **Yoga Diwas Celebration (21st June, 2023)**

On 21st June 2023 “International Yoga Day” was celebrated in our College Auditorium with a total participation of 135 NSS Volunteers. Our Sports Director, Mr. Yogeshwar Patil spoke about ‘International Yoga Day’ and the significance of Yoga in our day-to-day life. All the students were excited and energetic. Students and a few of our teachers demonstrated the yoga postures as per the instructions given by the Sports Director. We all celebrated the day with a lot of eagerness and joy.

Number of Participation: 135 Volunteers

➤ **Disaster Management Training (11th July 2023)**

On 11th July, 2023 Disaster Management Training was conducted at the College campus by NDRF. Stimulation was created to train the students regarding various techniques of evacuation

during any kind of natural or man-made disaster. 70 volunteers participated in the Disaster Management Training.

Number of Participation: 70 Volunteers

➤ **Rice Plantation Camp (22nd to 23rd July 2023)**

Rice Plantation Camp was organized by University of Mumbai in collaboration with Saroday Mandal from 22nd to 23rd July 2023. Promoting sustainable agricultural practices and community engagement were the objectives of the camp. The camp took place at Panvel. 4 NSS volunteers participated in this camp.

Number of Participation: 04 Volunteers

➤ **Hiroshima Day Peace Rally (5th August 2023)**

On 5th August 2023, the Peace Rally was held at Azad Maidan in memory of the Hiroshima and Nagasaki bombings that took place during World War II. The rally aimed to raise awareness about the devastating consequences of nuclear weapons and advocate for peace and nuclear disarmament. 40 volunteers attended the rally.

Number of Participation: 40 Volunteers

➤ **NSS Mini Orientation (8th August, 2023)**

On 8th August 2023 our NSS Core Committee members and Program Officers conducted a Mini Orientation for newly enrolled students to make them understand the objectives, activities, significance and role of NSS in fostering social responsibility and community engagement among youth. The orientation served as a platform to inspire students to actively participate in NSS initiatives and contribute to societal welfare. The Mini orientation was delivered to total 245 students from FY and SY.

Number of Participation: 245 Volunteers

➤ **Road Safety Orientation (10th August 2023)**

On 10th August 2023 NSS Unit of our College in collaboration with United Way organized a Road Safety Orientation program aimed at promoting awareness and educating individuals on safe practices while on the road. The program covered various aspects of road safety to reduce accidents and fatalities.

Number of Participation: 41 Volunteers

➤ **Campus Cleaning Drive (August 2023 to Feb, 2024)**

Campus cleaning drive was conducted in the college campus. The aim of the activity was to promote the value of cleanliness among the students and to beautify the surrounding environment.

Number of Participation: 65 Volunteers

➤ **Red Ribbon Peer Educator Training Program (5th August, 2023)**

On 5th August, 2023 Red Ribbon Peer Educator Training Program was conducted at MDACS office Byculla. The aim of the program was to raise awareness about HIV/AIDS prevention and to educate peers about the risks of drug abuse and HIV transmission. 10 NSS volunteers participated in the program.

Number of Participation: 10 Volunteers

➤ **Tree Plantation Drive (12th August, 2023)**

On 12th August, 2023 our College successfully completed the Tree Plantation drive under the National Service Scheme at Adopted Village. Trees are the foremost source for producing the oxygen in environment, they help to reduce the level of CO₂. As we all know that the whole world is facing the problem of global warming and to recover from such problem planting trees is become one of the most important aspects today. 30 NSS Volunteers planted various trees in the village to beautify the place and also to protect the environment.

Number of Participation: 30 Volunteers

➤ **Blood Donation Drive at College Campus (13th August, 2023)**

On 13th August 2023, Blood Donation Camp was held in our College Auditorium from 9.00 am to 5.00 pm in collaboration with Akhil Bhartiya Terapanth Yuvak Parishad. NSS students volunteered for the program and also a few of them donated blood. We successfully collected 81 bottles of blood.

Number of Participation: 40 Volunteers

➤ **Independence Day (15th August, 2023)**

Independence Day is celebrated with great enthusiasm in our college. On 15th August 2023, Flag Hoisting ceremony was conducted in the college campus where the staff members and NSS students were present.

Number of Participation: 45 Volunteers

➤ **Road Safety Poster Making Competition (19th August, 2023)**

On 19th August, 2023 the NSS unit of our College in collaboration with United Way (Mumbai) conducted a Poster Making Competition on road safety. Total 36 students enthusiastically participated by making beautiful posters depicting messages of safety on road.

Number of Participation: 36 Volunteers

➤ **Raksha Bandhan Celebration (30th August, 2023)**

On 30th August 2023 the NSS unit of our College celebrated Raksha Bandha with the Indian Army at the Military Camp, Vakola. Our students tied the auspicious thread on their hand and prayed to the Almighty to safeguard the soldiers from all the evils.

Number of Participation: 48 Volunteers

➤ **Beach Cleaning Drive (September 2023 to February 2024)**

The NSS unit of our College had organized a Beach Cleaning Drive on account of Ganpati Visarjan and Navratri Durga Visarjan, our volunteers took up the responsibility to clean Juhu Beach, Worli Beach, Versova Beach as a part of Swachhta and Plastic-free campaign. The main aim of

conducting this activity was to sensitize the students about cleanliness and maintenance of beaches which is the habitat for the aquatic creatures. Total 47 students participated in the Beach cleaning drive.

Number of Participation: 60 Volunteers

➤ **Santacruz Railway Station Cleaning (18th September, 2023)**

On 18th September, 2023, our NSS Unit Organized a Railway Station Cleaning Drive at Santacruz Station. The aim of the activity was to enhance cleanliness and hygiene standards at one of Mumbai's vital transportation hubs. The drive sought to address littering issues, improve waste management practices, and create a more pleasant environment for commuters.

Number of Participation: 31 Volunteers

➤ **CBP on Health and Hygiene (18th & 26th Sept, 2023)**

On 18th & 26th September, 2023, NSS Unit in collaboration with Sports Committee organized a Capacity Building Program on Health and Hygiene. The CBP aimed to empower individuals and communities with the knowledge and skills necessary to improve their health practices and promote hygiene awareness. The program was designed to address key issues related to health and hygiene.

Number of Participation: 50 Volunteers

➤ **NSS Day Celebration (24th Sept, 2023)**

On 24th September 2023, NSS students celebrated NSS day. Students recited poems, and narrated stories of the heroes who worked for the welfare of the society. The celebration ended with cake cutting. Total 35 Students enthusiastically participated in the activity

Number of Participation: 35 Volunteers

➤ **Mega Cleanliness Drive (1st October, 2023)**

On 1st October 2023, a Mega Cleanliness drive was conducted at Bandra Talao. 40 NSS volunteers undertook the activity of Cleaning the Bandra Talao and nearby area.

Number of Participation: 40 Volunteers

➤ **Cleaning Drive at Public Places (2nd Oct 2023)**

On the occasion of Gandhi Jayanti i.e. 2nd Oct 2023, NSS Unit conducted a cleanliness drive where various public place such as garden, public sky walks and other area in College vicinity were cleaned by our volunteers. The cleanliness drive was conducted at Anand Garden in Vakola & Wadala Sky Walk.

Number of Participation: 31 Volunteers

➤ **Bhajan Sandhya (2nd October, 2023)**

On 2nd Oct 2023 Gandhi Sandhya Bhajan Program was held at Gateway of India. 45 NSS volunteers from our College participated in it. The students sang different Bhajans and this Samarambh took place in the evening.

Number of Participation: 45 Volunteers

➤ **Compost Pit (Oct 2023 to Feb, 2024)**

Our NSS volunteers helped the gardener to clean the back-side ground of our College. The dry leaves, flowers, broken tree branches and barks were collected and put in the compost pit where after decomposition, the manure available can be used as organic fertilizer for the trees and shrubs in our campus

Number of Participation: 37 Volunteers

➤ **Paper Bag Making and Distribution (Oct 2023 to Feb, 2024)**

Paper bag-making and distribution initiative was taken by our NSS volunteers. The NSS volunteers made paper bags and distributed the same to the local vendors of Vakola. The aim of this activity was to create awareness among the local vendors and the common people to avoid use of plastic bags and to promote the use of paper bags to become environment friendly.

Number of Participation: 55 Volunteers

➤ **Selfie with Meri Mati (11th October 2023)**

The "Meri Maati Mera Desh" campaign by the GoI aims to unite the nation in celebrating India's soil and bravery, honouring the country's path toward freedom and development. NSS volunteers participated in the activity by holding soil in their hand and clicking selfie with it.

Number of Participation: 215 Volunteers

➤ **Traffic Controlling (20th to 23rd October 2023)**

Our NSS unit in collaboration with Vakola Traffic Police volunteered to manage the crowd and maintain safety during Ganpati Visarjan. The students learnt traffic rules, crowd management and road safety.

Number of Participation: 46 Volunteers

➤ **Mere Mati Mera Desh Amrut Kalash Yatra (28th to 31st October 2023)**

Three-day camp themed Mere Mati Mera Desh Amrut Kalash Yatra was organized by the GOI that aims to unite the nation in celebrating India's soil and bravery, honouring the country's path toward freedom and development. Students from different parts of India carried earthen pots filled with soil from their state to Delhi. One of our NSS Volunteer participated in the camp.

Number of Participation: 01 Volunteer

➤ **Live Streaming PM Speech (31st October 2023)**

NSS unit of our College hosted the Live Screening Program of Hon'ble Prime Minister speech on 31st October, 2023 at the College auditorium. NSS volunteers from different colleges enthusiastically participated in this program.

Number of Participation: 110 Volunteers

➤ **National Unity Day Run (31st October, 2023)**

NSS Unit organized "Run for Unity" on 31st October, 2023 to commemorate the birth anniversary of our first Home Minister of Independent India, Sardar Vallabhbhai Patel.

Number of Participation: 40 Volunteers

➤ **Seminar on Toxicity Free Food & Healthy Food Habits (7th November 2023)**

On 7th November 2023, a session was conducted by Dr. Harish Shetty from AmbaGopal Foundation. He educated the students on healthy food habits and encouraged the students to eat Satvik food which is required for a healthy life.

Number of Participation: 85 Volunteers

➤ **Choo-Macchar Volunteer Program (December 2023 to January 2024)**

ChooMacchar is a public health campaign by Civic Innovation Foundation, supported by Godrej Consumer Products Limited. The programme aims to demonstrate how civic action amongst the youth can lead to the prevention of vector-borne diseases in Mumbai. The NSS unit in collaboration with Civic Innovation foundation conducted the awareness drive in the College from December 2023 to January 2024. Total 60 NSS Volunteers participated in the awareness drive.

Number of Participation: 60 Volunteers

➤ **National Adventure Camp (27th November to 7th December 2023)**

National Adventure Camp was organized by the Regional Directorate of NSS, Pune from 27th November to 7th December 2023. 2 of our volunteers participated in a 10-day National Adventure Camp at Manali, conducted by the Atal Bihari Vajpayee Institute of Mountaineering and Allied Sports (ABVIMAS), Manali. The camp was funded by the Regional Directorate of NSS, Pune. The camp focused on enhancing mountaineering skills, covering aspects like mountain manners, hazard management, and engaging in activities such as rock climbing, rappelling, and river crossing. Beyond physical challenges, the camp aimed to develop social awareness and leadership skills. The success of the event was credited to the expertise of ABVIMAS and the enthusiasm of the volunteers, showcasing teamwork and camaraderie.

Number of Participation: 02 Volunteers

➤ **AIDS Awareness Poster Making Competition (1st December 2023)**

On account of World AIDS Day, Online Poster-Making Competition was conducted on 1st December, 2023. The aim of the Poster Making Competition was to create awareness among the people of the society about AIDS, to unite the people in the fight against HIV and to show support for the people living with HIV

Number of Participation: 23 Volunteers

➤ **Bandhara Construction at Adopted Village (12th December, 2022)**

Our NSS Volunteers contributed their efforts in construction of *Bandhara*. The students helped the villagers to hold and store the flowing water of the river.

Number of Participation: 30 Volunteers

➤ **Avhan Camp (25th December, 2023 to 3rd January, 2024)**

Avhan is a state-level camp that was conducted by Gondwana University, Gadchiroli on 25th December, 2023 to 3rd January, 2024. Nearly 1600 volunteers attended this camp from all over Maharashtra. One of our volunteers, Ms. Savitra Buchale participated in the camp. The camp was based on Disaster Management activities taught by NDRF.

Number of Participation: 01 Volunteer

➤ **State Republic Day Parade Camp (16th to 26th January 2024)**

The State Republic Day Parade Camp was held at Kalina Campus from 16th to 26th January 2024. It was a significant event aimed at preparing participants for Republic Day celebrations. The camp organized by University of Mumbai, brought together participants from various Districts across the State to refine their skills and synchronize their performances for the grand Republic Day Parade at Shivaji Park, Dadar-Mumbai. One of our volunteers, Mr. Prajwal B J participated in the camp.

Number of Participation: 01 Volunteer

➤ **Costal Cleaning Drive (20th January, 2024)**

On 20th January, 2024 our college participated in the Costal Cleaning Activity. Both NSS and Non-NSS students enthusiastically participated in the activity. This grand event was embellished with the presence of the Coast Guard Officers. They motivated the students to show concern towards the environment and act as a responsible citizen of the country.

Number of Participation: 50 Volunteers

➤ **Republic Day Celebration (26th January, 2024)**

Our College celebrated Republic Day on 26th January 2024. It was a vibrant and patriotic event, marked by Flag Hoisting Ceremony followed by a series of activities and programs to commemorate the significance of the day. With enthusiastic participation from students and staff, the event showcased the spirit of unity and pride in our nation's democratic values.

Number of Participation: 30 Volunteers

➤ **Deployment of Super-efficient Appliances and Use of Solar Energy (31st January, 2024)**

On 31st January 2024, a session on “Deployment of Super-efficient Appliances and Use of Solar Energy” was conducted by the NSS unit in collaboration with EVS Department. Dr. Dadarao Mhaske was the resource person for the session. The aim of the session was to create awareness regarding Solar equipment’s and energy conservation techniques.

Number of Participation: 58 Volunteers

➤ **Blood Donation Drive at Andheri Station (17th February & 1st April, 2024)**

Blood Donation Camp was held at the Andheri Railway Station from 9.00 am to 5.00 pm in collaboration with Kamdar Charity Foundation. NSS students volunteered at the event and also a few of them donated blood. 125 bottles of blood were successfully collected.

Number of Participation: 50 Volunteers

➤ **Yuvak Yuvati Mela (27th February 2024)**

On 27th February 2024, Yuvak Yuvati Mela was organized by the Women Development Cell and NSS Cell of the College in collaboration with Akshara Foundation in the Gala Auditorium. The aim of the activity was to create gender sensitization amongst students through gender centric games. It aimed to spread awareness about the gender roles assigned by the society.

Number of Participation: 42 Volunteers

➤ **Voting Awareness at College Campus (28th February, 2024)**

On 28th February 2024, NSS unit organized a Session on Voting Awareness in the college campus to spread awareness regarding the importance of voting and to make the students aware about their right to vote.

Number of Participation: 80 Volunteers

➤ **Student Leadership Program (February 2023 to March 2024)**

Student Leadership Program was organized by the NSS Cell and the Students' Council of the College in collaboration with Indian Development Foundation (IDF) from February 2023 to March 2024. The key areas of the Student Leadership Program were: Public Speaking, Time Management, Anger Management, Good and Bad Company, Patience, Career Guidance, Confidence, Personal SWOT Analysis and Community Hygiene. The Student Volunteers who have participated in the SLP imparted the knowledge relating to above mentioned areas to the school students of Standards 7th, 8th and 9th of Patuck Technical High School.

Number of Participation: 29 Volunteers

➤ **One Day District Level Self Defense Training Workshop (7th March, 2024)**

On 7th March 2024, 2 Female NSS Volunteers were deputed for One Day District Level Self - Defence Training Workshop at Vivek College. The aim of the workshop was to sensitize female students about importance of self-Defense. To equip female students with self-Defense skills.

Number of Participation: 2 Volunteers

➤ **Health Check-up Camp (12th March, 2024)**

On 12th March 2024, NSS unit of Patuck-Gala College conducted a free health check - up for the teaching and non-teaching staff across all the sections of Patuck Polytechnic Trust. Doctors from VCare Foundation visited the campus to conduct the health check-up. 17 NSS students volunteered in this activity to extend a helping hand towards the team of doctors.

Number of Participation: 36 Volunteers

NSS Rural Residential Camp 2023 -24

Venue – ZP School Navze, Saphale

Date – 3rd January to 9th January 2024

A total of 98 volunteers attended the camp along with 02 Program Officers and One Faculty Member.

➤ **Day 1: 3rd January 2024**

The NSS PO with along with the other teachers conducted a meeting with the Volunteers and gave instructions regarding their duties, daily activities, code of conduct, etc. On the first day the students were divided into 6 groups and the duties of Cleanliness, Kitchen, and others were allotted to them. The duties were performed by the Volunteers on rotational basis. Cleanliness drive was conducted on the first day and students enthusiastically participated in the same. In the evening after a tea break the students were given time to prepare for the entertainment program. The entertainment program gave a real boost to the hidden talent of the students.

➤ **Day 2: 4th January 2024**

The day started with warm up and physical exercise followed by breakfast. One of the groups was allocated the responsibility of cleanliness at the venue. The second group was allocated the responsibility to help the Cook in the Kitchen and all the related activities. A Guest Lecture was conducted in the evening by Mr. Parag, he is known as the SarpMitra. He created awareness amongst the students regarding various types of Venomous and Non-Venomous snakes. He taught

some survival techniques to the students in case of snake bite. It was an informative session and students were happy to attend the session.

➤ ***Day 3: 5th January 2024***

On 5th January 2024, the students undertook an awareness drive in the village to create awareness regarding PMJDY. Students visited the people of the villager to create awareness about the Pradhan Mantri Jan Dhan Yojna. The students interacted with the villagers and understood their perspective towards such Government Yojanas. It was indeed a great learning experience for the students. In the evening students also undertook beautification of the school campus by colouring the walls of the fence around the school.

➤ ***Day 4: 6th January 2024***

Haldi Kumkum Ceremony for the Ladies of the village was conducted by the volunteers. One of our faculty members, Mrs. Netra Thakre, Asst. Prof in Business Law delivered a session for the rural women on the Right given to the women by the Constitution of our nation. Dr. Pallav Das was also a part of the event. Women enthusiastically participated in the Haldi Kumkun ceremony. A session named Laxmi Project regarding Financial Literacy was delivered by Ms. Riya Patil, a villager who has been working under the Laxmi Project. Musical chairs were organised for the ladies. The ladies enthusiastically participated in the same. In the evening an entertainment session was conducted by Mr. Rajan Sir, School Teacher at Saphale Village, for the students where the students learnt various values through fun activities.

➤ ***Day 5: 7th January 2024***

On 7th January 2024 a cleanliness drive was undertaken by the students to clean the temple premises. Two groups were allotted the duty to teach the school students drawing and craft. The volunteers also conducted activities which helped the little students to learn Maths through games. In the evening the students were taken for a field visit at nearby places to make them cherish the beauty of nature.

➤ ***Day 6: 8th January 2024***

On 8th January 2024, a donation drive was conducted where school bags and stationery were distributed to the school students. The happiness on the young children's faces was indescribable. In the evening a session was conducted by Bajrang Sir, where the students were divided into groups and were assigned with topics for street play. The students presented street plays related to different social concerns. The students developed various societal values through the street play. It was an engaging session.

➤ ***Day 7: 9th January 2024***

A session on “Importance of Peace in Society” was conducted by the NSS Volunteers for the school students. After the session the entire NSS Unit extended a vote of thanks to the Gram Panchayat Officials and School teachers. The NSS camp came to end and the team headed towards Mumbai.